



FREE

WYMONDHAM magazine

ISSUE 32 | DECEMBER 2019

The free magazine for
Norfolk's finest
market town

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Welcome to December's issue of Wymondham Magazine, as we bid farewell to another year. 'Tis the season of goodwill and also of Christmas shopping and crafting, so see our 'What's on' later this issue for details of the various festive events taking place in the town this month. At the forefront of them is Wynterfest on Saturday 7th December, now well-established in the calendar and the perfect place to get into the festive spirit. A huge thank you to the Town Team and all the volunteers who have helped to 'Light Up Wymondham' this year.

We wish all our readers a very Merry Christmas and a Happy New Year. January's issue - the first of a new decade! - will go out one week later than normal due to the Christmas break, so will hit your inboxes on Friday 3rd January. Send your news for inclusion to news@wymondham-mag.co.uk

Kate, Editor

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WYMONDHAM
BUSINESS NETWORK

First Tuesday of every month 7:30am - 9am at Ayton House
Friendly, informal and relaxed business networking.
10 minute 'Member Spotlight' & Cooked buffet breakfast included.

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WRAP UP WARM FOR WYNTERFEST!

Are you ready to wrap up warm and get the whole family down to Wynterfest on Saturday 7th December? From 12noon to 6pm Wymondham will be buzzing with festive activities, live music, street entertainers and Radio Wymondham broadcasting live. The much-loved reindeers shall be returning this year and can be found on Fairland Street.

Wymondham is finally getting a light switch-on this year! Don't miss the Lighting Up Wymondham Parade which kicks off at around 3:30pm. This parade will take visitors on a festive journey from The Arts Centre up to the Market Cross, lighting up Wymondham along the way. It'll finish with Christmas carols where everyone can take a moment to see Wymondham lit up and in full festive spirit!

Activities and entertainment will be taking place from Fairland Street through to the war memorial, as well as in surrounding local businesses, churches and community venues. Make sure you have enough time to explore all of the fantastic venues taking part. Pop into the businesses too (you never know what deals you



might find). Keep an eye out for the community Police car and pay a visit to the fire cadets on Queen Street, where they will be selling toy helmets as well as letting you look inside the fire engine.

One of this year's highlights includes the arrival of Santa himself in his sleigh at around 1.40pm at the Market Cross. He will then settle into his grotto in Wharton's Court, ready to meet all of his excited visitors.

Make sure you don't miss the 'Made In Wymondham' market taking place at the Ex Services Club, to browse and purchase some lovely local handmade products, perfect for last minute gifts. >

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New YOPEY Befriender scheme launched at Wymondham High



Teenagers from Wymondham High Academy have been trained as 'YOPEY Befrienders' to make friends with elderly people living in a different Wymondham care home.

21 16- to 17-year-olds were trained by the Suffolk charity YOPEY at Sutherlands in Norwich Road and will soon start visiting residents at the care home independently. The aim is for the young people, including three boys, to go weekly from their school in Folly Road to Sutherlands to visit the home's residents. Some will also go at the weekend.

Sutherlands can take up to 52 residents, aged at least 65. Some are lonely and do not get any visitors. Many have dementia. YOPEY founder Tony Gearing MBE says: "We teach the young people to see the person and not the condition, and to persevere with their new friendships even when communication is difficult."

"I truly believe YOPEY Befriender's 'intergenerational' friendships are good for both the young and the old. The elderly get companionship and the young develop qualities such as empathy and hear about times before they were born."

Tony was made an MBE by the Queen in 2017 for services to young people in the UK. He adds: "The partnership between Wymondham High Academy and Sutherlands

is another step in what I hope will become a well-trodden path between schools and care homes in the East of England."

For the first three years the scheme was run at Windmill House in Browick Road and contributed to that care home being upgraded to outstanding in February this year. The Care Quality Commission said the YOPEY Dementia Befriender scheme 'helped to reduce people's isolation and was particularly good for people who did not like big group activities.'

At the end of the training by YOPEY at Sutherlands, the students met their first residents in the care home, which does residential and nursing care. 16-year-old Mary Tan said: "During the time I spent with the residents, I was assured that I could help to create a positive presence in their lives and that they could also positively influence mine and help develop my character for the better. This made me confident in continuing to pursue the journey of a YOPEY Befriender."

Head of year Chris Sandall said: "We are delighted that yet another cohort of Wymondham High Sixth Form students are able to take part in the enriching experience that YOPEY Befriender offers. We know that both students and residents get so much out of the scheme and the Year 12s are buzzing following their recent training."

Sutherland's manager Laura Lodge said: "The YOPEY Befrienders have already made a tremendous impression following their initial visit to the home and greeting residents. Their presence has already made a huge impact and I know that that they will most certainly touch the lives of those living at Sutherlands."

For more information visit <https://yopeybefriender.org>

> Continued from page 1



The high street will be lined with yummy festive food and warming drinks, as well as other wonderful, local stalls who are looking forward to seeing you all and sharing the festive spirit.

Of course, there will be lots for the adults too, including mince pies and mulled wine to keep you warm. In addition to all the festivities, don't miss the family fun fair on Middleton Street!

Pick up a copy of the programme before the event in some local businesses - but don't worry if you can't, as there will be plenty out and about on the day.

Make sure you have Saturday 7th December in your diaries and the Wymondham Town Team look forward to seeing you there!

More information can be found on the Wymondham Town Team Facebook Page or visit www.wymondhamtownteam.org/wynterfest





Live well, your way
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Your home is where you feel the most comfortable and the happiest.

It's the place you know the best. Why would you move away from the place you love if you are faced with needing some extra care and support when you age? If you want to stay living comfortably at home, we can help you make that choice an informed one.



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Contact us for more **information**

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01953 306 965

tom.mcewan@homeinstead.co.uk
www.homeinstead.co.uk/midnorfolk

ACTION FOR ACCESS AT WYMONDHAM STATION

Campaigners gathered at Wymondham Station on Saturday 16th November to highlight the lack of step-free access to platform 2 and the lack of action to fix the problem.

The protest was led by Wymondham Access Group (WAG), the 'Go Access Wymondham Station' Facebook group and a number of local councillors. Campaigners at the event handed out leaflets to passengers using the Station and held up posters demanding change.



Campaigners are frustrated at the lack of any real progress on the problem despite assurances from the local MP and others to tackle it. They are also disappointed at the lack of communication from Greater Anglia, Network Rail and other stakeholders.

Cllr Dave Roberts, Chair of WAG, said: "We have a letter from MP George Freeman from 2012 saying he would solve the problem in five years. That would have been 2017 but there is still no access and his promises have not been kept."

Among the protesters were wheelchair users, mothers with baby buggies, cyclists and some carrying luggage. All would find it difficult or impossible to reach Platform 2 due to the two flights of stairs that need to be navigated to reach it. Despite a recent press release from Greater Anglia saying a bid for funding had been sent in, there are still no firm plans on further funding needed or timescales to try to solve this long-standing problem.

Campaigners called for transparency on the cost of a project to create step-free access to platform 2 and for clarity over how long the project would take to complete. They also demanded a place at any future meetings which they have so far been denied.

Remembering Poppa John Rix

By Julian Halls

Poppa John, as he was always known, died suddenly on 16th October. He had been a hairdresser in Wymondham since opening his own shop at the age of 19 in Bridewell Street.



In 1964 after three years realising that he needed to be more in town, he cheekily wrote to all the local businesses in the market square to ask for space, telling them they did not seem to be doing so well. Although not true he did eventually get offered some premises on the square by a surprised owner who wondered how he knew!

Poppa John was born in 1941 so his death at 77 was one month short of his 78th birthday. He was still working many hours in the shop which at one time he ran single handed from six in the morning until six at night. At his death he had worked in Wymondham for 59 years and was a keen supporter of the town in everything he did. He learnt his trade and served his three-year apprenticeship with Mr Beaumont in St Benedict's in Norwich in the early 1960s.

Earlier in October he had an accident at home in the garden which he proudly featured in the Open Gardens scheme, damaging his knee so badly it required surgery. He was about to come back to work, well on the way to recovery, when he was suddenly taken ill once again with tragic consequences.

Poppa John was always cheerful, never contentious and always worked hard to take people's mind off their woes while having their hair cut, something of which he was very proud.

The business, which moved to Wharton's Court 25 years ago, is now being run by Adam, who has worked for Poppa John for 20 years, and Ben who has worked for seven years. He is survived by his widow Ann, two children and five grandchildren. The town sends their heartfelt condolences to all the family.



Jarrold Wymondham



KitchenAid
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SAVE
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Kenwood Mini Chopper
CH180A £25



Ora Kiely Dachshund
Set of 2 Tins £25



Ora Kiely Storage
Jars Stem Enamel in
Persimmon Orange or
Slate Grey £28 each



Russell Hobbs Inspire
in Red or Cream
Kettle WAS £40 £30
Toaster WAS £35 £30



SAVE
30%

Deyongs
Brampton Throw in
Charcoal/Plush or
Silver WAS £50 £35

Emma Bridgewater Winter Animal Baby
Mug £14.95, 1/2 Pint Mug £19.95



NEW

Flooring, curtains and
blinds department and the
contemporary LOUNGE CO.
furniture collection



MIDDLETON STREET, WYMONDHAM
01953 603251
JARROLD.CO.UK



JARROLD

TRIBUTES TO RUGBY CLUB'S FOUNDING PRESIDENT

Players and supporters held a minute's silence in honour of the first President of Wymondham Rugby Club, Stan Kelly, after he died in November at the age of 95.

Stan was headmaster of Wymondham Secondary Modern School when he joined forces with John Sims, the head at Wymondham College, to found the club in 1972.

"It's been an enormous privilege to meet Stan in recent years," said the club's chairman Andrew Kilby.

"He never lost touch with the club and has helped us celebrate our milestones as we grew. When they started it was with borrowed pitches and borrowed shirts - now we're a club of 1,400 members and that all started with Stan's vision. Rugby in Norfolk owes him a great deal."

The tribute to Stan was held before Wymondham's 1st XV took on Epping Upper Clapton. A strong result was needed against the Essex side after three defeats on the trot to Southwold, Ipswich and, by a last gasp penalty, to Wanstead. But the Red and Blacks delighted the home crowd with an emphatic 41-0 win to restore confidence.

And they repeated the trick the following week on the road to Saffron Walden. Wymondham's forwards took control of the game after an early home try, winning enough possession and territory to build a 22-7 half time lead. Saffron Walden fought back



after the break but lost two players to yellow cards and couldn't break Wymondham's defences.

A fifth Norfolk try in the closing stages saw Wymondham emerge the winners by 34-7. The squad now have a week's break before two local derby games in the run up to Christmas - Holt away and then league leaders Norwich at home.

Wymondham Wasps, the senior women's team, hosted Kenilworth in their latest league fixture. The result didn't go Wymondham's way but the day was a great celebration of the women's game with a big turnout of supporters and a lunch for 60 guests with speaker Danielle Evans, a front row player and Miss Great Britain contestant.

- Former England captain Dylan Hartley has been announced as the guest speaker for the club's annual fundraising dinner next May. Hartley announced his retirement from both rugby and Northampton Saints last month. Master of Ceremonies at the dinner, on Thursday 14th May, will be BBC 5 Live presenter Emma Jones.

STEP INTO CHRISTMAS WITH ENCORE

Encore choir would love you to join them in a new seasonal selection of Christmas music for December.

Following its successful search to encourage more members, the group looks forward to welcoming you to its Christmas concert, which promises to be full of festive tunes and carols, lead by Musical Director Sarah Grimes, and welcoming new accompanist Misung Lee.

The concert will be held on Saturday 14th December

at the Baptist Church from 7.30pm. Tickets are £8 (under 16s free) and can be obtained at the door.

There will be seasonal refreshments, a festive raffle and also a bucket collection for local childrens' charity East Anglia's Children's Hospices (Nook Appeal).

*Picture
by Barry
Stokes*



SILENT FILMS WITH BRUCE VOGT

Back in the days of silent films, a musician would often provide music to enhance the experience. Wymondham Music Festival will this month be showing two silent films with Bruce Vogt, an improvisation master pianist, providing the music. Bruce will also speak about the films; and his knowledge of silent film genre is extraordinary.



"Silent films aren't meant to be silent," says Vogt, classical pianist and head of keyboard at the University of Victoria, where he has taught and lectured for the past 37 years.

The performance will take place at 2.30pm on Wednesday 4th December at the Regal Cinema at the Ex Services Club on Friarscroft Lane.

First will be 24-minute long *Easy Street* with Charlie Chaplin, followed by a talk by Bruce Vogt. After the intermission will be *Our Hospitality* with Buster Keaton, which has a running time of 74 minutes.

Tickets are £5 and are available online at www.wymfest.org.uk or on the door.



Every day around
700 people are diagnosed
with diabetes. That's one
person every **two minutes**

Wymondham Diabetes Group

An informal and friendly support group for those living with diabetes to exchange ideas and provide peer support.

Meetings with speakers held at Fairland Church, Wymondham NR18 0AW,
2-4pm every second Tuesday, alternate months from February.

email: wymdiabetes@gmail.com
 **Wymondham Diabetes Group**

DIABETES UK
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Charity Number 215199



Lemon Day brightens up town

Strong winds and driving rain did not deter visitors to the town centre on Lemon Day last month (2nd November).

A gathering of children's authors, an art and photography display, a wellbeing event, musical contributions from Wymondham Ukulele Group and the wandering Lemon Minstrels, combined with a well-attended craft fair at the Abbey, helped to swell the visitor numbers.

Wymondham Town Mayor Kevin Hurn and his wife Sharron braved the elements and led a group of civil guests on a tour of the various activity points.

The finale was an uplifting performance by the Rock Choir under the Market Cross.



WYMONDHAM U16 RUGBY'S INTERNATIONAL DEBUT

A trip to northern France for Wymondham Rugby Club's U16s became a tour to remember for many reasons - not least celebrating England's semi-final win in the Rugby World Cup in a French rugby club.

A total of 25 players and 23 parents made the journey to Compiègne on Thursday 24th October as part of a Pipes of Peace tour which involved visiting First World War battlefields and cemeteries alongside a rugby tournament.

The club had teamed up with Francourt Events for the sporting, educational and cultural tour and were led by John Dennison, co-founder of the International Memorial to Rugby which the group visited. They were also taken to the Vendresse British Cemetery where 667 men who lost their lives in the 1914-1918 conflict were buried.

One of the most extraordinary experiences was a visit to the Caverne Du Dragon at Craonne on the Chemin des Dames, an old stone quarry that became an underground barracks for German troops.

For their rugby education the boys were given a training session with South African-born Compiègne player Siphathisene Dube. He worked on their communication and making better decisions on the pitch with their passing game. This, along with England's stunning win over New Zealand, inspired the Wymondham team to play some of their best rugby in a tournament with RC Compiègne U16 and Breda RFC U16 from Holland. They won both games, only conceding one try all day.

They were also supported throughout the weekend by Chelsea Pensioner Brian Rolfe, who had travelled over to lend his army and rugby experience to the tour and became an instant mascot for the boys.



After watching the Wales vs South Africa game at the club on the Sunday the tourists returned home tired but elated. U16 head coach Adam Allen said it had been an "outstanding" weekend.

Pictures by Kathryn Cross

MEET THE AUTHOR OF MOTHER MOON

The newly combined Astronomy groups of the University of the Third Age (U3A) will be holding an open evening on **Wednesday 11th December** at 7pm in the Tiffey Room of Wymondham Central Hall.

Robert Goddard – a member of Wymondham U3A – has written a very 'factional' book on moon colonisation called *Mother Moon*. He will be giving background on

why he chose where he did on the Moon for a future settlement and discussing his many years of research into this before he wrote the book.

The event will be open to all, with tickets £1 for Wymondham U3A members and £3 for non-members. For more information about the book visit www.goodreads.com/book/show/28094622-mother-moon

For more information about U3A Astronomy contact Julian Halls on 01953 600720 or email julian.halls@talktalk.net

A MOMENT OF REMEMBRANCE

A moving and well-attended Remembrance ceremony was held at the US 389th Bomb Group Memorial Museum at Hethel on Saturday 9th November – and among those attending was 93-year-old Allan Hallett, who had travelled from Massachusetts in the USA.

Allan, who was accompanied by his daughter and two granddaughters, was a veteran of the group and had flown missions from Hethel as a top turret gunner towards the end of World War II.

Also among those attending were local army cadets and a representative from the US base at R.A.F. Lakenheath, while Iain Colquhoun conducted the ceremony.



SAVE THE DATES FOR WYNG

Wymondham Nature Group (WyNG) have released the dates for their programme of talks in the first months of 2020:

- Thursday 9th January, 'Butterflies of Hungary' by Ann and Bob Carpenter
- Thursday 13th February, 'The Grey Seals of Norfolk' by Gemma Walker, as part of Friends of Horsey Seals. She will update about the life of the seal colony, human interaction and how the 2019/2020 pupping season is progressing
- Thursday 12th March, 'Wildlife and Management of Strumpshaw Fen' by Ben Wilson
- Thursday 9th April, Group AGM followed by a talk, topic and speaker to be confirmed

All talks begin at 7.30pm in the Town Green Centre, and admission is £2. For more details call Ann Carpenter on 01508 488337.



Christmas Cracker Making Workshop!

Saturday 14th December,
10.30am - 12.30pm
at the Star Throwers Centre
£5 per person

Come and have a go at making your own homemade Christmas crackers and help support your local cancer charity!

All materials will be provided, all we need you to bring along is a prize for the middle of your cracker, scissors, sellotape and thin string.

To book: call 01953 423304 or email victoria@starthrowers.org.uk
www.starthrowers.org.uk

Example
Easter
Cracker



**Saturday 14th December 2019
at 7.30pm**

**Wymondham Central Hall,
Back Lane, Wymondham**

Tickets - £10* (£5 U13 Children)
available from 01953 851543
also available online via
www.livewireoperacompany.co.uk



*Price includes seasonal buffet



Anniversary party takes Green Dragon to target

The Green Dragon held a 10-year anniversary party for landlord Justin and head chef Leesa last month. They managed to raise over £4,000 on the evening for Star Throwers, bringing the total amount raised by the pub to date to over £20,000.

A heated tipi covered the beer garden and played host to live music from acts such as Pebbles, Emma O'Reilly, James Summerhill, Ed Mayhew and The Lovin' Handful.



Cawston Band
Christmas Brass
at Wymondham Abbey

SATURDAY
14TH DECEMBER
7.30 PM

TICKETS
£10 (under 12s free)
cawstonband.eventbrite.co.uk
tickets@cawstonband.co.uk
Catherine: 01603 466 572

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TICKETS £5.50 (£6.50 inc. booking fee)

Tickets can be obtained from Michael Armstrong (01953) 603246.
or Simply Cards, Market Street, Wymondham.

OYEZ! OYEZ! OYEZ!

Did you know that local character and town councillor Pete Green (aka Pete Travis) wears another hat – literally – as our Town Crier? In this interview his town councillor colleague Annette James finds out more about what being the Town Crier involves.

How did you become Town Crier Pete?

In 2015 former Mayor Dianne Fernee asked me to be her personal Town Crier after her election. Later that year the position was ratified by the whole Council and I became the official Town Crier. It is a voluntary, ceremonial, role only and sadly I don't get paid for doing it!

What does a Town Crier do?

It's a traditional civic office that today is largely ceremonial and strictly non-political. I cannot promote a business or a political party, just give general information. Though the origin is much older the position was formalised after the Norman Conquest of 1066. Historically Town Criers were very important when so many people were illiterate; the Town Crier made the announcements that concerned the town. Improved literacy rates and the advent of newspapers, radio and

TV meant the need was no longer there. Before my appointment there had been no Town Crier in Wymondham since 1945.

Today the main duty is to add a bit of colour to an event. By the way, it is illegal to heckle a Town Crier whilst he is making an announcement, so upset the messenger at your peril!



What is the best thing about being the Town Crier?

Making noise by ringing the bell and using my loud voice to make announcements! The bell is an original used in Wymondham for over 100 years. It was lost at one point but I tracked it down to the Bridewell Museum who have loaned it to me for official use. I enjoy wearing the uniform, which is my own, and stylistically dates back to the late 17th century. Just in case you are wondering our traditional cry of 'Oyez!' means 'listen' in French.

What sort of event do you promote Pete?

Examples are making Ashfest announcements round Ashleigh School and promoting the 20th anniversary of the Talking Newspaper. That was very appropriate as the Town Crier was the original talking newspaper!

God Save the Queen!

Picture by Ian Spratt



Don't be lonely this Christmas

Here at the Cross Keys we don't believe in people spending Christmas Day alone.

If you are facing Christmas on your own we welcome you to join us for a traditional Christmas lunch where you can enjoy good food and company on us*

Please call : 01953 604281

*booking is essential and terms and conditions apply

PIC COLLAGE

Home Flower Garden

'Grow Your Own Cut Flowers' workshops.
1:1 tuition or small groups. Gift vouchers available.
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HAVE YOU VISITED THE NEW-LOOK JARROLD?

Known for its stylish home and furniture ranges, Jarrold at Wymondham has recently had a revamp, with an extension to make the shop bigger and house more popular brands. The independent home store now has a dedicated carpet and flooring area so you can shop everything you need for your home under one roof. Contemporary furniture brand Lounge Co also joins the furniture line-up, giving more choice of styles.



WYMONDHAM NYD 10K

On Wednesday 1st January 2020 at 10.30am is a 10k road race around Wymondham - a popular way for local runners to start the New Year. Entries are limited to 820 and have sold out by mid-December in the last couple of years. The course is a one-lap course starting and finishing in Lady's Lane. It is gently undulating, on quiet country roads.

Wymondham Athletics Club does not offer refunds or deferrals to the following year if you are not able to run. However, if the race limit is reached, you will be able to transfer your entry to another person, at no additional cost, if you supply them with the necessary details.

Overall race prizes will be awarded to the first three male and female runners. The prize list has been extended this year by adding third prizes, and by including juniors and over 70s.

Email Race Director Katie Whitmore at wymondhamraces@gmail.com if you would like further information or if you are available to help on the day, e.g. as a marshal. Entry is online only. Visit <https://wymondhamac.org.uk/wymondham-nyd-10k> for more.

On the bike for charity

Staff and members from South Norfolk Council's three leisure centres recently raised money for Wymondham charity Star Throwers by biking around Britain.



The distance of nearly 2,000 miles was covered by riders on 10 static bikes at both Wymondham and Long Stratton Leisure Centres and two more at the leisure centre in Diss. The target was to cycle the length of Great Britain's mainland coastline.

South Norfolk Cabinet member Yvonne Bendle said: "This is a wonderful way to celebrate National Fitness Day while, at the same time, raising money for such a great cause. The council understands the importance of keeping fit and we are continuing to invest in the health and well-being of our residents."

WOOD AVENS WAY LIGHTS



The Christmas light display put on by residents on Wood Avens Way (Harts Farm) has become renowned in recent years and in 2018 raised over £8,000 for Star Throwers.

This year the charity supported is NANSA - www.nansa.org.uk/ - and the official switch-on has been set for Sunday 15th December.

LOCAL ARTIST TO PERFORM AT GREENWICH FESTIVAL

Local poet, singer-songwriter and performer Kevan Taplin is to perform at the Greenwich Maritime Museum as part of the Time and Tide Solstice Festival. The event kicks off in seven different locations simultaneously from Aberdeen to Porto in Portugal on the Saturday 21st December. The theme of this year's event is the sea and how it can separate people and how this is expressed.

COMMUNITY CLUB OF THE YEAR

Wymondham Town United Football Club was awarded the Community Club of the Year achievement at the recent Active Norfolk Awards 2019.

ANNUAL CHARITY BURNS NIGHT

The Wymondham Rotary Club and Wymondham Lions Club are presenting their annual Charity Burns Night and Ceilidh at Central Hall on Friday 24th January 2020.

This has been a regular event on the January scene for many years and is always extremely popular.

The evening will start with the Selkirk Grace and the formal address to the haggis followed by the Burns Night supper complete with haggis, baked potatoes, mashed neeps and, of course, whisky gravy. The meal will end with Cranachan.

The tables will then be cleared and the Happy Feet Ceilidh Band will lead traditional dancing, complete with their brilliant caller. Each year the dancing enthusiasm is infectious.

Doors open at 6.30pm and the meal will start at 7pm. Dancing will commence at about 8pm continuing until 11pm. The bar will be open all evening and will be manned by Rotary and Lions members, with all proceeds from bar sales going to the selected charities. There will also be a tombola organised by the Lions.

The charities selected by Rotary include the Eradication of Polio Campaign and the provision of a Shelterbox for emergency international aid relief, as well as other international charities. For the Lions the charities chosen are for their International charities.



Ticket prices have been held for yet another year at £20 each. Numbers are limited to ensure enough room for dancing so make sure you book early to avoid disappointment. They are available from George Reeve, online at www.wymfest.org.uk or email terry@chestnutcottage.org or jamwilde@hotmail.com

WE'VE LAUNCHED A LOTTERY

Buy Your Tickets Today
To Help Our School

- Browick Road Primary and Nursery School has launched a lottery!
- Tickets cost just £1 per ticket, per week and 40% of all ticket sales are donated to our school.
- A GUARANTEED cash prize to someone on our supporter list every week.
- A further chance of winning £25,000 in a separate draw EVERY WEEK!
- Draws are every Saturday at 8pm and results are posted online.

To start supporting, visit:
www.yourschoollottery.co.uk/play

And Search For:
Browick Road Primary and Nursery School

Supporters must be 18 years of age or older.



BROWICK ROAD PRIMARY AND NURSERY SCHOOL

Christmas Fair

Friday 6th December
5.30pm until 8.00pm

- Santa's Grotto
- Games and tombolas
- Raffle
- Face painting
- Crafting with the Enchanted Willow
- Mulled wine, cakes and refreshments

All proceeds from the event will go towards the fund for new play equipment

To find out more visit:
www.facebook.com/browickfriends

Friends of Browick Road Primary and Nursery School
Registered Charity number 1117003

In brief...

TIME FOR CLIMATE ACTION

Greening Wymondham are holding a Climate Action meeting on Friday 29th November at 12.30pm at Abbey Hall, Church Street.

By the time you read this, the meeting may have already taken place - but if you are interested in getting involved in individual actions or community activities to help the environment, contact Mary Howard at mary.howard237@gmail.com

AUTHORS AT THE LIBRARY

On Tuesday 3rd December from 2pm to 3pm at Wymondham Library, author Martin Wanger (pseudonym Madeline Dando) will be talking about his life as an unpublished author - including how to self-publish and his thoughts on creative writing.

Also at the Library, on Wednesday 11th December from 11am to 12noon, author Anne Beaumont returns to talk about her new book set in Wymondham - *Healing Hearts and Apple Tarts (and a totally demented Dalmatian!)*. The book mentions many local businesses, including The Mad Hatters tea shop, The Queen's Head and the new Thai restaurant

ANNIE GET YOUR GUN AT THE REGAL

Annie Get Your Gun, MGM's top money-making musical of 1950, will be the Regal Experience's classic screening on Sunday 8th December at 2.30pm at the Wymondham Ex Services Club.

Based on the legendary Irving Berlin's smash hit Broadway

show, the movie stars the effervescent Betty Hutton as Annie Oakley and baritone Howard Keel as her sharp-shooting rival and love interest Frank Butler with Louis Calhern playing Buffalo Bill, whose Wild West show toured Europe. Shot in glorious Technicolor, the film featured Berlin's magnificent score with such popular numbers as *There's No Business Like Show Business* and *Doin' What Comes Naturally*. It was no surprise when it won the Oscar for Best Musical at the 1951 Academy Awards.

The supporting short will be *Happy Holiday* with Bing Crosby and Frank Sinatra in the Christmas spirit.

Tickets, priced £5 (concessions £4), are available from Simply Cards, Market Street, or on the door. Enquiries to Michael Armstrong on 01953 603246.



LIVE COMEDY AT THE WHITE HART

Join the team at The White Hart on Sunday 15th December from 7pm for a night of laughs with a hilarious line-up of up and coming comedians, which includes Nelson Gombakomba, Kahn Johnson, Georgia Madison and Louie Green. Limited spaces available, tickets are £5 and available from the bar.

RAISING FUND FOR iPADS

Browick Road Primary has launched a school lottery to help raise funds for new iPads to be used by children at the school across all year groups. Anyone can participate.

CROSS KEYS CHRISTMAS DINNER

The Cross Keys pub is hosting a traditional Christmas lunch from 12.30pm to 1.30pm for anyone who's on their own Christmas Day. Booking is essential and limited to attendees on their own who are local to Wymondham or the surrounding area. Call The Cross Keys to book on 01953 604281.

HETHERSETT CHRISTMAS MARKET

Hethersett Hall is holding a Christmas market on Saturday 7th December from 2pm until 4.30pm. The event will feature stalls selling a variety of different items such as woodwork, artwork, knitted items, a chocolate stall, ladies and gentleman's clothing, jewellery, items from The Body Shop and a stall from Hodge Podge in Hethersett.

CHRISTMAS BRASS AT THE ABBEY

Norfolk's premier brass band, Cawston Band, are holding a 'Christmas Brass' concert at Wymondham Abbey on Saturday 14th December. Tickets are on sale now from Puffs Toyshop or online at <http://cawstonband.eventbrite.co.uk> and priced at £10 for adults and free for under 12s.

FREE CANINE PHOTOGRAPHY

Shabby to Chic Dog Grooming and Josie from Love Tate Photography are collaborating at Wynterfest from 12noon to 4pm on Saturday 7th December to offer a free mini photoshoot for your pooch.

It includes the option to purchase a portrait for only £10.

WHAT'S ON?

Friday 29th November

Pabulum Café
10am, Fairland United Reformed Church
www.wymondham-dementia-support-group.org.uk

Meeting Point
10.30am, Catholic Church
www.hopecommunitychurch.co.uk

Saturday 30th November

Money Matter Seminar
10.15am to 2.30pm, Wymondham Abbey. Booking advised
01953 60608

Dried Fruit Heart
2pm to 3pm, Ragged Robin Florist, 38 Barnham Broom Road. Tickets £25
<https://raggedrobinflorist.co.uk>

Quiz 'n' Chips Night
7pm for 7.30pm, Wymondham Rugby Club, Barnards Fields. Tickets £20 per team of six
www.wymondhamrfc.com

Wymondham Choral Society Concert
7.30pm, St Mary's church, Attleborough. Tickets £12 in advance, £15 on the door, under 16s free
www.wymondhamchoralsociety.org.uk

Odd Man Out - live music
9pm, The Cross Keys
www.facebook.com/pg/keysymondham

Sunday 1st December

Half-Year AGM
11.30am, Ex Services Social Club
<https://sites.google.com/site/wymondhamexservicessocial/home>

Advent Procession
6.30pm, Wymondham Abbey
www.wymondhamabbey.org.uk

Quiz Night
7pm, Wymondham Town Football Club, King's Head Meadow
www.wymondhamtownfc.co.uk

Monday 2nd December

Hoppers
10am to 11.30am. Baby Hoppers 1pm, The Hub, Ayton Road
www.hubproject.org.uk

Just A Cuppa
10am to 12noon, Wymondham Library
www.facebook.com/wymondhamlibrary

Pabulum Quiet Café
10am, Fairland United Reformed Church
www.wymondham-dementia-support-group.org.uk

The Nappy Rush Book Group
10am to 12noon, Kett's Books
www.kettsbooks.co.uk

Make Your Own Christmas Wreath
6pm to 8pm, R J Bartram & Son. Tickets £40
01953 603138

Wreath Making Workshop
6pm to 8pm, Centre Paws. Tickets £25
info@theenchantedwillow.co.uk

Ignite Youth Night
7pm to 9pm, The Hub, Ayton Road
www.hubproject.org.uk

Tuesday 3rd December

Wymondham Business Network Meeting
7.30am, The White Hart. Tickets £12 or £10 members
www.facebook.com/wymondhambusinessnetwork

Bounce and Rhyme
10am to 11am, Wymondham Library
www.facebook.com/wymondhamlibrary

Hoppers

10am to 11.30am, The Hub, Ayton Road
www.hubproject.org.uk

North Wymondham Community Kitchen
11am to 2pm, Church of Our Lady and St Thomas of Canterbury, Norwich Road
finance@wymondhamrcchurch.org.uk

Talk by Author Martin Wanger
2pm to 3pm, Wymondham Library
www.facebook.com/wymondhamlibrary

Festive Hygge Night
5pm to 8pm, The Hen House, Cavick House Farm
www.facebook.com/events/563119937851165

Wymondham Ukulele Group
7pm to 9pm, The Green Dragon
www.wymondhamukulelegroup.com

Town Council Meeting
7.30pm, Tiffey Room, Central Hall
www.wymondhamtowncouncil.org

Quiz Night
8.30pm, The Railway Tavern
www.therailwaypub.com

Wednesday 4th to Monday 16th December

Christmas Tree Festival
Wymondham Abbey
www.wymondhamabbey.org.uk



MARKETS

Every Friday

Charter Market
8am to 5pm, Market Place
01953 603302

Country Market
8.30am to 11.30am, Ex Services Social Club
01953 603708

Third Saturday (21st December)

Farmers' Market
9am to 1pm, Market Place
01953 603302

Wednesday 4th December

Hoppers

10am to 11.30am, The Hub, Ayton Road
www.hubproject.org.uk

Silent Films with Bruce Vogt

2.30pm, Ex Services Social Club.
Tickets £5
www.wymfest.org.uk

Ashleigh School Christmas Service

4.30pm to 5.30pm, Wymondham Abbey
www.wymondhamabbey.org.uk

Green Dragon Runners Club

7pm, from The Green Dragon
www.greendragonnorfolk.co.uk

Darts Night

7.30pm, Wymondham Town Football Club, King's Head Meadow
www.wymondhamtownfc.co.uk

Thursday 5th December

U3A Coffee Morning - Festive Poems and Tales Of Everyday Life by Doreen Reed

10am, Tiffey Room, Central Hall
<https://u3asites.org.uk/wymondham/home>

Knit and Natter

5pm to 7pm, Wymondham Library
www.facebook.com/wymondhamlibrary

Social Shopping Evening with poet

Andrew McDonnell
6pm, Kett's Books. For Friends only
www.kettsbooks.co.uk

Alpha

7.15pm to 9pm, The Hub, Ayton Road
www.hopecommunitychurch.co.uk

Wymondham Art Society Meeting - Social Evening

7.15pm, Roman Catholic Church Hall, Norwich Road
www.wymondhamart.org

Crib Night

7.30pm, Wymondham Town Football Club, King's Head Meadow
www.wymondhamtownfc.co.uk

Green Dragon Quiz Night

8.30pm, The Green Dragon. Teams of up to 5 people at £1 each
www.greendragonnorfolk.co.uk

Friday 6th December

Coffee Morning

9.30am to 11.30am, Town Green Centre
www.towngreencentre.org.uk

Norfolk and Norwich Association for the Blind (NNAB)

10am to 12noon, Wymondham Library
www.facebook.com/wymondhamlibrary

Pabulum Café

10am, Fairland United Reformed Church
www.wymondham-dementia-support-group.org.uk

Women Helping Women

10am to 12noon, Centre Paws
www.centrepausnorfolk.co.uk

Meeting Point

10.30am, Catholic Church
www.hopecommunitychurch.co.uk

Craft Session

3.30pm to 4.30pm, Wymondham Library. Free, suitable for ages 5+
www.facebook.com/wymondhamlibrary

Christmas Fair

5.30pm to 8pm, Browick Road Primary.
www.facebook.com/browickfriends

Christmas Fayre

6pm, Robert Kett Primary School
www.facebook.com/events/2465174003717545

Christmas Card Printing

7pm to 9.30pm, stART Studio. Tickets £20
www.facebook.com/events/2443910759225549

Bingo Night

7pm for 8pm, Ex Services Social Club
<https://sites.google.com/site/wymondhamexservicessocialcl/home>

Darts Night

7.30pm, Wymondham Town Football Club, King's Head Meadow
www.wymondhamtownfc.co.uk

Rum 'n' Gin Club with live music from

Robin Evans
8pm, The Green Dragon
www.greendragonnorfolk.co.uk

Saturday 7th December

Pop-up Cavick Lamb Shop

10am to 2pm, The Hen House
www.facebook.com/events/2412437855663019

Christmas Fayre

10.30am to 1pm, Methodist Church, Town Green
www.wymondhammethodist.org.uk

Festal Wonder

11am to 4pm, Wymondham Abbey
www.wymondhamabbey.org.uk

Wynterfest

12noon to 6pm, town centre
www.facebook.com/WymondhamTownTeam

Christmas Fair

2pm to 4pm, Hetherset Hall

The Zone

2pm to 4pm, The Hub, Ayton Road
www.hubproject.org.uk

Wreath Making Workshop

2pm to 4pm, Centre Paws. Tickets £25
info@theenchantedwillow.co.uk

Christingle

5.30pm, Wymondham Baptist Church
www.wymondhambaptist.org

The Glamtastics

8pm, Ex Services Social Club.
Members free, non-members £4
<https://sites.google.com/site/wymondhamexservicessocialcl/home>

Type - live music

8pm, The White Hart. Tickets £3
www.facebook.com/events/792991857824156

Sunday 8th December

Christmas Fair

12noon to 3pm, Carleton Rode Jubilee Hall
www.facebook.com/events/1026437231021624

Annie Get Your Gun

2.30pm, Ex Services Social Club (Regal Cinema). Tickets £5 (£4 concessions), from Michael Armstrong (01953 603246) or at Simply Cards

Traditional Carol Service with Norfolk Zipper Club

4pm, Wymondham Abbey. Tickets £7 in advance or £7.50 on the door 01953 558874 (John Fitchew)

Darts Superleague

6pm, Wymondham Town Football Club, King's Head Meadow
www.wymondhamtownfc.co.uk

Monday 9th December

Hoppers

10am to 11.30am. Baby Hoppers 1pm, The Hub, Ayton Road
www.hubproject.org.uk

Just A Cuppa

10am to 12noon, Wymondham Library
www.facebook.com/wymondhamlibrary

Pabulum Quiet Café

10am, Fairland United Reformed Church
www.wymondham-dementia-support-group.org.uk

Robert Kett School Christmas Service

2pm to 3pm, Wymondham Abbey
www.wymondhamabbey.org.uk

Ignite Youth Night
7pm to 9pm, The Hub, Ayton Road
www.hubproject.org.uk

Tuesday 10th December

Bounce and Rhyme
10am to 11am, Wymondham Library
www.facebook.com/wymondhamlibrary

Hoppers
10am to 11.30am, The Hub, Ayton Road
www.hubproject.org.uk

North Wymondham Community Kitchen
11am to 2pm, Church of Our Lady and St Thomas of Canterbury, Norwich Road
finance@wymondhamccchurch.org.uk

An Evening of Wreath Making & Gin Tasting
6pm, stART Studio. Tickets £40
www.facebook.com/events/953971011621002

Book Group
6pm, Kett's Books
www.kettsbooks.co.uk

Farm Machinery Club
7pm, Wymondham Town Football Club, King's Head Meadow
www.wymondhamtownfc.co.uk

Quiz Night
8.30pm, The Railway Tavern
www.therailwaypub.com

Wednesday 11th December

Hoppers
10am to 11.30am, The Hub, Ayton Road
www.hubproject.org.uk

Community Coffee Morning
10.30am to 12noon, The Robert Kett 01953 600563 (Norman and Helen)

Talk by Author Anne Beaumont
11am to 12noon, Wymondham Library
www.facebook.com/wymondhamlibrary

Green Dragon Runners Club
7pm, from The Green Dragon
www.greendragonnorfolk.co.uk

Open Evening - U3A Astronomy Groups
7pm, Tiffey Room, Central Hall. Tickets £1 members, £3 non-members
www.goodreads.com/book/show/28094622-mother-moon

Thursday 12th December

4Networking Wymondham Breakfast Business Meeting
8am, Wymondham Rugby Club
www.4networking.biz/groups/group-details/?groupid=1133

Cup Of Caring
10.30am to 12noon, The Hub, Ayton Road
www.hubproject.org.uk

Hopeful Craft Group
1pm to 3pm, The Hub, Ayton Road
www.hubproject.org.uk

Knit and Natter
5pm to 7pm, Wymondham Library
www.facebook.com/wymondhamlibrary

Wreath Making Workshop
6pm to 8pm, Ragged Robin Florist, 38 Barnham Broom Road. Tickets £35
<https://raggedrobinflorist.co.uk>

Alpha
7.15pm to 9pm, The Hub, Ayton Road
www.hopecommunitychurch.co.uk

Crib Night
7.30pm, Wymondham Town Football Club, King's Head Meadow
www.wymondhamtownfc.co.uk

Wymondham Ukulele Group
7.30pm, The Feathers
www.wymondhamukulelegroup.com

WyNG Talk - Botswana's Okavanga: Africa's greatest wetland by Nick Acheson.
7.30pm, Town Green Centre. Entry £2
www.facebook.com/WymondhamNatureGroup

Green Dragon Quiz Night
8.30pm, The Green Dragon. Teams of up to 5 people at £1 each
www.greendragonnorfolk.co.uk

Friday 13th December

Pabulum Café
10am, Fairland United Reformed Church
www.wymondham-dementia-support-group.org.uk

Meeting Point
10.30am, Catholic Church
www.hopecommunitychurch.co.uk

Bingo Night
7.15pm, Wymondham Town Football Club, King's Head Meadow
www.wymondhamtownfc.co.uk

Saturday 14th December

Dads Hoppers
10am to 11.30am, The Hub, Ayton Road
www.hubproject.org.uk

Santa Paws Christmas Fayre
10am to 3pm, Centre Paws
www.centrexpawsnorfolk.co.uk

Wreath Making Workshop & Tropic Pamper Session

10am to 2.30pm, Star Throwers. Tickets £30
www.starthrowers.org.uk

Christmas Cracker Making Workshop
10.30am to 12.30pm, Star Throwers. Tickets £5
www.starthrowers.org.uk

Hope Christmas Production
2pm and 5.30pm, Hope Community Church, Ayton Road. Tickets £2
www.hopecommunitychurch.co.uk

Luxury Wreath Making Workshop
2pm to 4pm, Ragged Robin Florist, 38 Barnham Broom Road. Tickets £50
<https://raggedrobinflorist.co.uk>

An Evening of Mediumship
7pm, Morley Village & Sports Hall
www.facebook.com/events/436440430602978

Christmas Brass with Cawston Band
7.30pm, Wymondham Abbey. Tickets £10, under 12s free
cawstonband.eventbrite.co.uk

Livewire presents A Celebration off Christmas
7.30pm, Central Hall. Tickets £10, under 13s £5
www.livewireoperacompany.co.uk

Step Into Christmas with Encore
7.30pm, Baptist Church. Tickets £8. under 16s free
www.facebook.com/EncoreNorfolk

Jacquii Cann of 'Stars In Their Eyes'
8pm, Ex Services Social Club. Members free, non-members £2
<https://sites.google.com/site/wymondhamexservicessocialclub/home>

Sunday 15th December

Hope Christmas Production
10.30am and 2.30pm, Hope Community Church, Ayton Road. Tickets £2
www.hopecommunitychurch.co.uk

Darts Superleague
6pm, Wymondham Town Football Club, King's Head Meadow
www.wymondhamtownfc.co.uk

Nine Lessons and Carols
6.30pm, Wymondham Abbey
www.wymondhamabbey.org.uk

Hooma Comedy Night
7pm, The White Hart. Tickets £5
www.facebook.com/events/388560412028040

Quiz Night
7pm, Wymondham Town Football Club, King's Head Meadow
www.wymondhamtownfc.co.uk

Monday 16th December

Just A Cuppa
10am to 12noon, Wymondham Library
www.facebook.com/wymondhamlibrary

Pabulum Quiet Café
10am, Fairland United Reformed Church
www.wymondham-dementia-support-group.org.uk

Christmas Social - Wymondham
Branch of The Royal British Legion
4.30pm, The Regal Lounge, Ex Services
Social Club
<http://branches.britishlegion.org.uk/branches/wymondham>

Ignite Youth Night
7pm to 9pm, The Hub, Ayton Road
www.hubproject.org.uk

Tuesday 17th December

Bounce and Rhyme
10am to 11am, Wymondham Library
www.facebook.com/wymondhamlibrary

North Wymondham Community Kitchen
11am to 2pm, Church of Our Lady and St
Thomas of Canterbury, Norwich Road
finance@wymondhamrcchurch.org.uk

Wreath Making Workshop
11am to 1pm, Centre Paws. Tickets £25
info@theenchantedwillow.co.uk

Pabulum Café Picture Palace
1.30pm for 2pm, Fairland United
Reformed Church
www.wymondham-dementia-support-group.org.uk

The Space
2.15pm to 4.30pm, The Hub, Ayton Road
www.hubproject.org.uk

Wymondham Ukulele Group
7pm to 9pm, The Green Dragon
www.wymondhamukulelegroup.com

Quiz Night
8.30pm, The Railway Tavern
www.therailwaypub.com

Wednesday 18th December

Green Dragon Runners Club
7pm, from The Green Dragon
www.greendragonnorfolk.co.uk

Wymondham High School Christmas
Service
7pm to 8.30pm, Wymondham Abbey
www.wymondhamabbey.org.uk

Darts Night
7.30pm, Wymondham Town Football
Club, King's Head Meadow
www.wymondhamtownfc.co.uk

Thursday 19th December

Book Group
12noon, Kett's Books
www.kettsbooks.co.uk

Hopeful Craft Group
1pm to 3pm, The Hub, Ayton Road
www.hubproject.org.uk

Luxury Hurricane Vase Festive Wreath
Table Design Workshop
2pm to 4pm, Ragged Robin Florist, 38
Barnham Broom Road. Tickets £60
<https://raggedrobinflorist.co.uk>

Knit and Natter
5pm to 7pm, Wymondham Library
www.facebook.com/wymondhamlibrary

Wreath Making Workshop
6pm to 8pm, Centre Paws. Tickets £25
info@theenchantedwillow.co.uk

Alpha
7.15pm to 9pm, The Hub, Ayton Road
www.hopecommunitychurch.co.uk

Crib Night
7.30pm, Wymondham Town Football
Club, King's Head Meadow
www.wymondhamtownfc.co.uk

Green Dragon Quiz Night
8.30pm, The Green Dragon. Teams of
up to 5 people at £1 each
www.greendragonnorfolk.co.uk

Friday 20th December

Pabulum Café
10am, Fairland United Reformed
Church
www.wymondham-dementia-support-group.org.uk

Christmas Stockings with Amelia
Bowman
10.30am to 12noon, Centre Paws
www.centrepausnorfolk.co.uk

Meeting Point
10.30am, Catholic Church
www.hopecommunitychurch.co.uk

Table Centrepiece Workshop
6pm to 8pm, Centre Paws. Tickets £25
info@theenchantedwillow.co.uk

Bingo Night - Wymondham Branch of
The Royal British Legion
7pm for 8pm, The Regal Lounge, Ex
Services Social Club
<http://branches.britishlegion.org.uk/branches/wymondham>

Saturday 21st December

Baby and Bump's First Bauble
9.30am to 10.30am, stART Studio.

Tickets £5
www.facebook.com/events/2621217131255076

Big C Pop Up Craft Stall
9am to 4pm, Big C, Units 2 - 4
Allenbrooks Way

Christmas Party
Wymondham Sports Bar. Optional
festive fancy dress, disco and buffet
www.facebook.com/WymondhamSportsBar

Monday 23rd December

Just A Cuppa
10am to 12noon, Wymondham Library
www.facebook.com/wymondhamlibrary

Pabulum Quiet Café
10am, Fairland United Reformed Church
www.wymondham-dementia-support-group.org.uk

Tuesday 24th December

Bounce and Rhyme
10am to 11am, Wymondham Library
www.facebook.com/wymondhamlibrary

North Wymondham Community
Kitchen
11am to 2pm, Church of Our Lady and St
Thomas of Canterbury, Norwich Road
finance@wymondhamrcchurch.org.uk

Crib Service
5pm, Wymondham Abbey
www.wymondhamabbey.org.uk

Live music from Chris James
8pm, The Green Dragon
www.greendragonnorfolk.co.uk

Midnight Mass
11.15pm, Wymondham Abbey
www.wymondhamabbey.org.uk

Wednesday 25th December

Christmas Day Services
8am, 9.15am and 10.30am,
Wymondham Abbey
www.wymondhamabbey.org.uk

Christmas Meal
12.30pm to 1.30pm, The Cross Keys. For
anyone who's on their own Christmas
Day. Booking essential
01953 604281

Thursday 26th December

Crib Night
7.30pm, Wymondham Town Football
Club, King's Head Meadow
www.wymondhamtownfc.co.uk

Friday 27th December

Pabulum Café
10am, Fairland United Reformed Church
www.wymondham-dementia-support-group.org.uk

Karaoke and Disco
8pm, The Green Dragon
www.greendragonnorfolk.co.uk

Monday 30th December

Just A Cuppa
10am to 12noon, Wymondham Library
www.facebook.com/wymondhamlibrary

Quiz Night
8.30pm, The Railway Tavern
www.therailwaypub.com

Pabulum Quiet Café
10am, Fairland United Reformed Church
www.wymondham-dementia-support-group.org.uk

New Year's Eve Party
9pm, The White Hart
www.facebook.com/events/503247026928244

Tuesday 31st December

Bounce and Rhyme
10am to 11am, Wymondham Library
www.facebook.com/wymondhamlibrary

Red Leaf - live music
9pm, Ex Services Social Club
www.redleaftheband.com

North Wymondham Community Kitchen
11am to 2pm, Church of Our Lady and St Thomas of Canterbury, Norwich Road
finance@wymondhamrcchurch.org.uk

Wednesday 1st January

New Year's Eve Party
7.30pm, Wymondham Rugby Club.
Tickets £6.50
www.wymondhamfc.com

Wymondham NYD 10K
10.30am, from Lady's Lane
<https://wymondhamac.org.uk/wymondham-nyd-10k/>

Dining Out in Wymondham at Christmas...

Details taken from published Christmas menus. Advance booking essential.



Green Dragon

Tel: 01953 607907
25th November – 20th December
2 Courses £22.95
3 Courses £28.95

The Railway

Tel: 01953 605262
2 Courses £15.45
3 Courses £19.95

Queen's Head

Tel: 01953 423308
25th November – 23rd December
2 Courses £26.00
3 Courses £32.00

Robert Kett

Tel: 01953 602957
Adult 2 Courses £13.99 Children £6.99
Adult 3 Courses £15.99 Children £7.99

Number 24

Tel: 01953 607750
Lunch – 2 Courses £17.95 3 Courses £20.95
Evening – 3 Courses £29.50

White Hart

Tel: 01953 798575
1 – 30 December (exc Christmas Day)
3 Courses £25.95

RADIO WYMONDHAM WEEKLY PROGRAMMES

www.radiowymondham.com

Monday

- 7.30am to 9.30am: The Brekkie Show
- 12noon to 2pm: Cabbie Tracks
- 7pm to 9pm: The Sophie Sessions

Tuesday

- 7.30am to 9.30am: The Brekkie Show
- 9.30am to 12noon: Motown & Northern
- 3pm to 4pm: Local & Unsigned / Ska & Reggae
- 5pm to 6pm: Sounds Easy
- 6pm to 7pm: Best of the 60's with Jimi Wei Tang
- 7pm to 9pm: The Andy Hours

Wednesday

- 7.30am to 9.30am: The Brekkie Show
- 12noon to 1pm: The Dog Session
- 7pm to 9pm: It Takes Two
- 9pm to 10pm: The Unreliable Narrator

Thursday

- 7.30am to 9.30am: The Brekkie Show
- 1pm to 3pm: Running on MT
- 7pm to 9pm: Blowin' in the Wymondham

Friday

- 7.30am to 9.30am: The Brekkie Show
- 12noon to 2pm: Mindfully Mellow
- 6pm to 8pm: Cabbie Tracks
- 8pm to 10pm: Warehouse Culture

Saturday

- 10am to 12noon: That Saturday Night Show
- 3pm to 4pm: Local & Unsigned / Ska & Reggae
- 8pm to 10pm: That Saturday Night Show

Sunday

- 11am to 12noon: Sounds Easy
- 1pm to 4pm: Eurovision International
- 9pm to 10pm: The Unreliable Narrator

'OUR TYPE OF FOOD'

Jarrold launches own brand food and drink range

The new food and drink brand has been developed exclusively for Jarrold in partnership with local artisans and independent small businesses.

Jarrold is known for its excellent curation and outstanding experiences, with new recent additions to the main department store in Norwich including a new revamped home department 'Home on 2' and the launch of The Bay seafood bar. Now the independent department store has added another experience that its customers can enjoy – a new range of own branded food and drink.

Launching with 25 products from 15 producers, the Own Brand range consists of delicious products such as the Jarrold Gin, a heritage mustard, a range of jams and marmalades, biscuits, chocolate and beer – and all are made in collaboration with local and independent producers.



Minnie Moll, CEO at Jarrold, said: "Each product has been developed exclusively for Jarrold in true

partnership with passionate artisans and independent small businesses. Most are local Norfolk producers. This range champions them, reduces food miles and puts money back into our local economy. The few partners from further afield are artisan producers who share our ethos.

"Our tagline for the range is 'Our Type of Food' which refers not only to the great quality we demand but also to the typography on the labels. Jarrold was one of the premium printing operations in the world and pride in our printing heritage inspired our packaging design. The letter on the labels is from an original old typeface from the John Jarrold Printing Museum. Each lovingly rediscovered by Bobby our local designer, printed on an old print press in the Museum and then transferred onto our labels.

"It feels fitting to be launching this range in time for our 250th anniversary next year."

You can discover the full range at Jarrold Deli, lower ground floor, Jarrold at Wymondham, Jarrold at Cromer

and Jarrold at The Forum in Norwich. Jarrold Own Brand hampers can be ordered online at jarrold.co.uk

Pictures by Simon Buck Photography



An update from Star Throwers Holistic Cancer Support Charity

By Victoria Pigg, www.starthrowers.org.uk

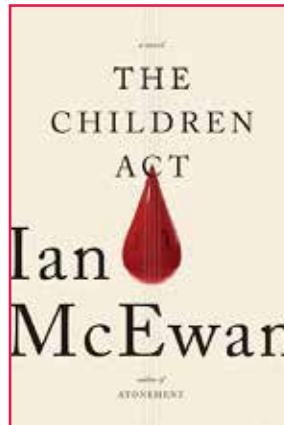
Thank you to everyone that came along to our Winter Coffee Morning on Saturday 16th November - we raised a fantastic £729! As we are now officially into the festive season, here are a few ways you can support Star Throwers this Christmas:

1. Buy some of our raffle tickets - £1 each and available from our charity shops and the centre. Prizes include an overnight camping pod stay, tour of Norfolk Police HQ and more! Draw date: **Friday 13th December**.
2. Buy some of our Star Throwers Christmas cards – available at £2.50 for a pack of five.
3. Send an online Christmas card via www.dontsendmeacard.com and search for 'Star Throwers' to send one of our online cards.
4. Donate to our Aviva Community Fund and help us secure funding for our cancer lymphoedema service: <https://acf.crowdfunder.co.uk/help-us-improve-lymphoedema-support#start>
5. Shop via AmazonSmile – exactly the same as Amazon but you can choose for Amazon to donate 0.5% of your purchases to a chosen charity.
6. Shop at one of our two charity shops – on Middleton Street in Wymondham and Church Street in Attleborough.
7. Buy someone you love one of our Charity Shop Vouchers – the perfect present for someone trying to live more sustainably and give to charity.
8. Come along to one of our Christmas events – Wreath Making Workshop or Christmas Cracker Making on **Saturday 14th December** at the centre.
9. Become a 'Friend of Star Throwers' – sign up to make a regular donation.
10. Buy some of our Star Throwers merchandise – we have a wide selection of products available at the centre as well as metal drinking bottles, pens and notepads at both our shops.

By Freddy Lowe

BOOK REVIEW

The Children Act By Ian McEwan



Ian McEwan's 2014 novel about Family Court Judge Fiona Maye is perhaps one of the most moving, profound, and relevant novels written in the modern age.

The reader follows Fiona Maye, a childless judge in the Family Division of the High Courts of Justice in London, who is married to university lecturer Jack. Her compulsive commitment to her work leads to the gradual disintegration of her marriage, after her husband faces her one day and admits to wanting to have an affair. Simultaneously, she then receives a case about a 17-year-old with Jehovah's Witness parents, requiring an urgent life-saving blood transfusion. In amongst her problems with her husband, Fiona also finds herself very emotionally affected by this new case, leading her on an unexpected journey of self-reflection and painful realisation.

This book is brilliant for teenagers and adults alike. Ian McEwan's admirable writing style is sophisticated, but marvellously accessible and incredibly readable. The forgivingly short length of 216 pages allows the book to be compelling, well-written, and not at all convoluted.

The Children Act can also be highly recommended for anyone considering going into law. Many of Fiona's cases are inspired loosely by real-life events, providing the reader with lots of insight into how the judicial system works, particularly in family law. As the son of a solicitor in wills and trusts, and the nephew of a Crown Court Judge, my hereditary fascination for the legal system was well-satisfied by this book.

This is additionally one of the most all-encompassing novels with regard to its messages. Themes include the divide between the young and old generations, the struggles of growing up, the confusion that accompanies breaking free of parental pressures, problems for middle-aged couples, emotional repercussions of a work/life imbalance, coping with clashing ideas of faith, self-discovery, and several more.



From my perspective

By Councillor Suzanne Nuri-Nixon

A Visit to the Recycling Plant

Sometimes being a councillor can get you into interesting places and one of the places I recently visited was the Norfolk recycling plant in Costessey. If, like me, you have wondered what happens to our recycled rubbish after we throw it into the green bin, this visit was a fascinating insight into how it is sorted and dealt with.

We had the necessary health and safety briefing as the fire risk is high because of the amount of dust generated by the recycling process and from batteries and fabric which might get into the recycling plant. We then donned our hi-vis jackets and ear defenders to see for ourselves how the waste is managed.

Some of the items get recycled automatically but some need to be sorted by hand. So conveyor belts, travelling at around 30mph, run through a series of rooms and employees at the plant hand shift some of the items which are not suitable for recycling.

While 30mph does not sound fast, on a conveyor belt waste moves incredibly fast and it certainly takes skill and agility by the plant workers to pick out the unwanted items.

Some things like tin cans are picked out by magnets on the recycle journey. Other items like paper remain on the conveyor belts to go to different sorting areas. One item I was surprised to hear was a problem was glass bottles. This is because they are better sorted from an actual bottle bank instead of getting mixed in with our general recycling because they can break and contaminate other items.

I asked if the recycling waste had altered much after people became much more aware of single use plastic and was told carrier bags were now rare on the sorting belts and that had made a huge difference. I was surprised to learn that plastic bottles are actually happily taken on by the plant as they can get a good price for these when selling on.

One gripe was that if recycled items are not clean, they contaminate parts of the recycling process and therefore cannot be sold on, potentially ending up in landfill instead.

Another startling bit of information is that nappies are NOT recyclable. The plant has to deal with tens of

thousands of used nappies a year because the box or packaging nappies come in say it is recyclable but this is the packaging, and not the soiled nappy.

It's a shame the plant does not welcome regular visitors (mainly due to health and safety) as this fascinating insight and the questions and answers session which followed gave me a better idea of how we manage our waste.

We can always do more though and we seriously need to look at how we use resources, minimise waste and recycle more effectively.

Over the coming months, I hope to pass on more information about recycling and how you can do your bit to be 'green' on my Facebook councillor page. But in the meantime, a good source of information is www.norfolkrecycles.com which also features a short film at the plant so you can see how the recycling happens.



FOCUS ON Food waste

By Nicola Maunders

Last month we talked about how planning your meals can reduce your food waste and the environmental and financial benefits of doing so. This month we talk about the differences between food date labels and how to reduce your Christmas food waste.

What are the Five Food Savvy steps to reduce food waste?

- Planning
- Know your dates
- Savvy storage
- Perfect portions
- Lovely leftovers

How does 'Use By' mean?

Food can be eaten up to the end of the 'use by' date but not after. This is to make sure that the food is safe to eat. It can be frozen up to the day before.

What does 'Best Before' mean?

These dates refer to the quality of the food rather than food safety. When the date is passed, the food won't be unsafe but might begin to lose its flavour and texture.

One exception to this is eggs. Never eat raw eggs after the 'best before' date.

However, see here for latest advice from Food Standards Agency: "Eggs can be eaten up to two days after the Best Before date providing they are cooked through."

What do 'Sell By' and 'Display Until' mean?

You can ignore these dates as they are for shop staff not shoppers.

How can I extend the life of food beyond its date?

- Freeze it before the date, then defrost it when needed and use within 24 hours.



A lot of food gets thrown away at Christmas. What can I do to reduce this in my household?

- Too much Stilton at Christmas? It can be frozen and used later in homemade soup. Stilton does not need grating before freezing because it is not pressed in the manufacturing process like hard cheeses.
- Make mince pies in early December and freeze uncooked in patty tins, then pack in boxes. Bake a few at a time when needed.
- Whip up any leftover cream before you freeze it to stop it becoming 'grainy' when it is thawed. If you overwhip the cream, rescue it by adding a little un-whipped cream or milk and a pinch of sugar.
- Use any leftover cooked vegetables to make soup. Add water and some herbs or spices. Curry powder works well or concentrated tomato puree.
- If you are left with Brussels sprouts and roast or boiled potatoes, chop up and fry together in a pan with butter to make bubble and squeak.
- Stir a handful of chopped nuts and dried fruits into leftover mincemeat and then use to fill cored apples or halved, cored pears. Dot with butter, add a splash of water or fruit juice and bake until tender. Delicious!
- If you have too much food at Christmas, consider giving it to someone who might not have enough. Make a meal for a lonely neighbour or give away that extra box of chocolates.

Youth Music Society seeks new members

Wyndham Youth Music Society is a vibrant local organisation providing activities for youngsters learning a musical instrument. It caters for all levels, from beginners through to those who have achieved Grade 8 and above.

Started initially in 1988 as the Wymondham Youth Orchestra, in 2000 Wymondham Youth Music Society (WYMS) was formed, incorporating the WYO alongside an expanded range of activities. Over the intervening years, these have developed into a number of strands, including:

- Wymondham Youth Orchestra (for players Grade 3 to 8+)
- Junior Strings section (for beginners to Grade 3+)
- Music Theory tuition up to any grade
- Wind ensembles

The Society puts on regular concerts, and occasionally undertakes more ambitious projects; these have included operas, open rehearsals and, recently, a master class with top professionals. They have also commissioned new works from local composers.

Studies have shown that playing with like-minded friends makes learning so much more enjoyable; indeed, it's been shown that pupils learning in a group progress much faster than those learning on their own. The WYMS tutors are fully qualified and experienced music teachers. While aiming for high standards, they never forget that music making should be fun.



Back in 1988, the Wymondham Youth Orchestra was established within Wymondham High Academy and were based there for the next 30 years. However, due to changes within the Academy, it recently became necessary to find a new home. The Society was delighted when Robert Kett Primary School were able to offer the use of their Music Room. Because they have moved to a bigger venue, WYMS is now offering places to new members.

As an encouragement to try them out, WYMS is offering two Junior Strings Taster Sessions. They are being held on Thursday 9th and Thursday 16th January 2020, from 6pm to 7pm. There's no commitment and no charge for these sessions, and there'll also be a discount for the rest of the term if the child decides to continue.

The regular weekly rehearsals and tuition take place on most Thursdays in term time, starting from 6pm for Junior Strings and 7.15pm for the Youth Orchestra. Give Linda a call on 01953 529158 or email enquiries@wyms.org.uk. Alternatively, visit www.wyms.org.uk

WYMONDHAM magazine

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