

FREE

WYMONDHAM

magazine

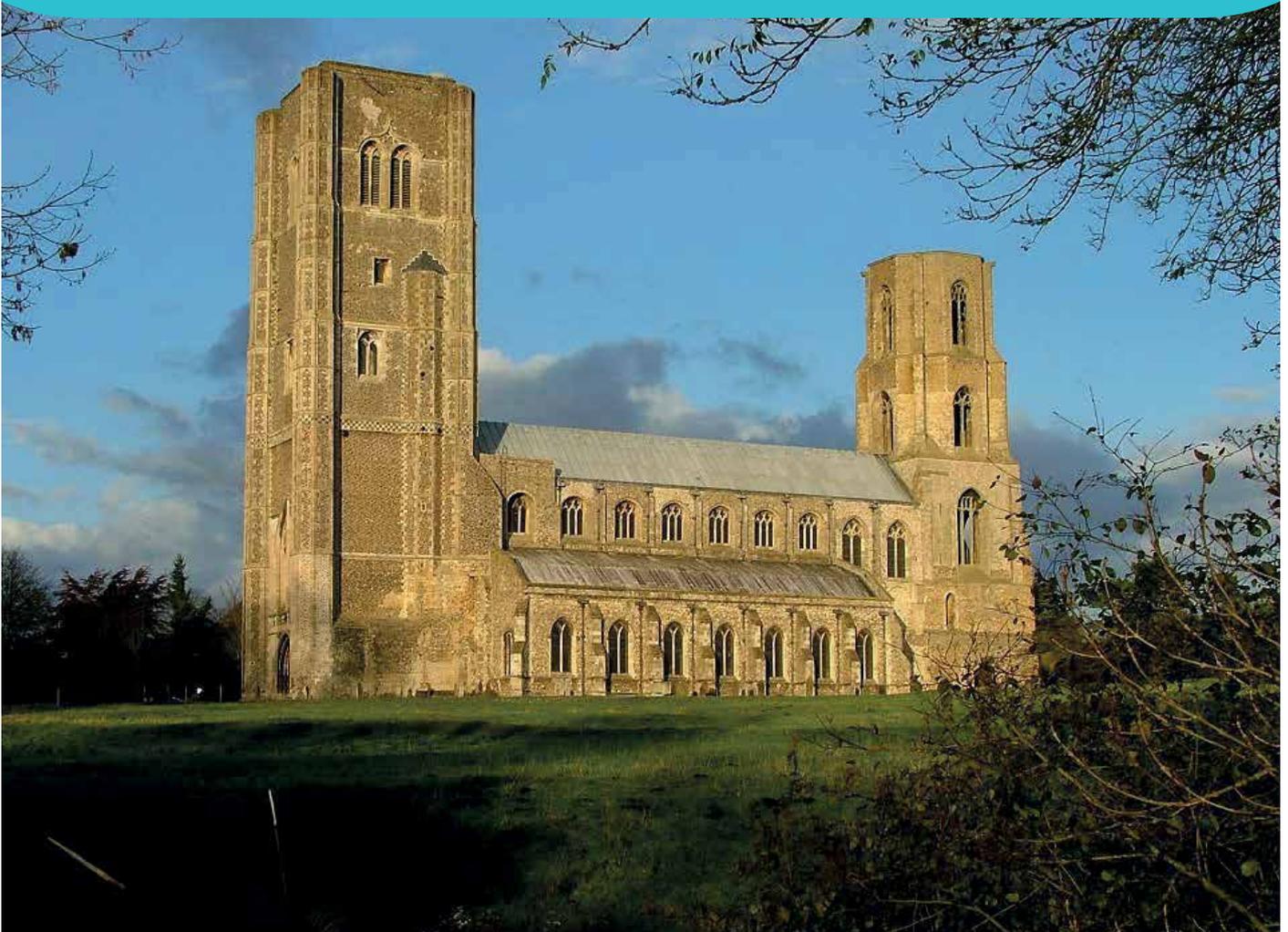
ISSUE 31 | NOVEMBER 2019

The free magazine for
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CONTENTS



Welcome to November's edition of *Wymondham Magazine*. There's a bit of a crafty theme this issue, not least because it's Christmas shopping season (apologies to those not quite ready yet to hear the 'C' word!) Later this issue we look at where you can go to pick up unique and locally-made gifts for all the family, helping to support small businesses in the process. We also meet Sarah Campbell, founder of stART Studio, which is already making an impact from its new home opposite the Market Cross. The first of this month sees the Rugby Club's annual fireworks display, for the first time coming from their new home at Barnard Fields - a highlight of the Wymondham calendar. As is Lemon Day, which takes place the following day and aims to brighten up the autumn. You'll find the programme on the back page. Don't forget to send me your festive news and event details for December's edition, which will go out on Friday 29th November. Email me at news@wymondham-mag.co.uk

Kate, Editor

NEWS	04	BOOK REVIEW	27
NEWS IN BRIEF	17	FROM MY PERSPECTIVE	28
WHAT'S ON	18	FOCUS ON FOOD WASTE	29
CHRISTMAS CRAFTS	23	WUG NEWS	30
CHRISTMAS READS	25	NEXT DEADLINES	30
START STUDIO	26	LEMON DAY	32
STAR THROWERS UPDATE	27		



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New home for Wymondham's Fireworks display



Wymondham's annual fireworks display is on the move!

The display, on **Friday 1st November**, is staged by the town's rugby club and will take place for the first time at WRFC's new home ground off Reeve Way.

"A lot of planning is going into this year's display and it's going to be a great evening," says organiser Dan Cane.

"It'll be the biggest crowd at the club since we opened last autumn so we'll be welcoming lots of new faces who can see for themselves what a fantastic new home for the

club we've got here."

The club's ground is off Norwich Common, at the back of the Becketts Grove housing estate, and is well sign-posted from Albini Way.

Gates open at 5:30pm and there will be a full funfair, music, bar, BBQ and street food including wood-fired pizzas, waffles, doughnuts and German sausages to keep everyone happy before the fireworks start at 7:30pm.

Entry costs £5 for adults, £4 for kids aged five to 16 and under 5s are free.

There will be ample free parking at the club on the night but organisers are still appealing for people to share cars to minimise the queues in the housing estate.

"The fireworks is always our most popular event so a lot of families will be coming down," explained Dan.

"The best advice is please car share if you can and get here in plenty of time so we can all avoid a last minute rush!"

Annual Parade of Remembrance

Sunday 10th November is Remembrance Sunday and once again the Royal British Legion is organising a Remembrance Parade through Wymondham town centre.

The Parade - led by the Norwich Pipe Band and including serving and past service personnel - will meet at the Market Cross at 2pm, marching off at 2:30pm towards the War Memorial to lay wreaths. It will be followed by a Remembrance Service taking place in Wymondham Abbey at 3pm.



A SOUND FROM TWO HUNDRED YEARS AGO

The Norfolk West Gallery Quire is putting on a short concert in Wymondham that will re-create the church music of 200 years ago. The Quire sings and plays church music from the 18th and 19th centuries in historic settings and recreates the ambience of Thomas Hardy's era by dressing in period costume and using period-style instruments.



The event takes place on **Saturday 26th October** at 7:15pm at the Wymondham Roman Catholic Church. Entry will be free, and there will be a collection afterwards in aid of the Wymondham Community Kitchen. Refreshments will be served after the concert.

Tom Herman, musical director of the Norfolk Quire said: "Do come and join us at the concert to savour a musical style sometimes described as hybrid of Psalm chants and rowdy pub folk tunes!" He added that the quire, which meets fortnightly for rehearsals in Spooner Row church, is always looking for new members. "Come along and find out how we have fun!" said Tom.

For more details about the quire or the concert, contact the quire's administrator Barbara Randall on 01953 601939.



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POPULAR BUSINESS AWARDS DOUBLE IN SIZE

The 2020 Broadland & South Norfolk Business Awards, organised by South Norfolk Council and Broadland District Council, celebrate the excellence, innovation and best practice shown by businesses across the combined area.

All 12,500 businesses that have an operating base in Broadland and South Norfolk are able to nominate themselves for an award in any of the 10 categories to celebrate their outstanding work and success. Residents also get the chance to win £100 of shopping vouchers by nominating their favourite retailer. The Retailer of the Year award recognises high street businesses that have gone the extra mile.

At the 2019 Awards ceremony earlier this year, Wymondham Garden Centre (pictured) was crowned Retailer of the Year, and Centre Paws received the New Business Award.

South Norfolk Council Cabinet member Lisa Neal said: "After the success of last year's awards we are very excited to announce them for another year, and making the awards bigger and better than ever by welcoming nominations from all Broadland based businesses. These awards showcase the two councils' joint commitment to supporting business growth and excellence across the districts."

Broadland District Council Portfolio Holder Jo Coplestone added: "These awards are a chance for leading local businesses of any size, scale or sector to celebrate their achievements and success. We are looking forward to seeing the nominations from businesses and the public and learning more about the work of the thousands of thriving businesses and retailers in the two districts."



Sponsored by Fosters Solicitors, the Broadland & South Norfolk Business Award categories are:

- Excellence in Digital Creative and ICT
- Excellence in Life Sciences
- Excellence in Advanced Manufacturing
- Excellence in Financial Services and Insurance
- Innovation in Agriculture, Food and Drink
- Visitor Economy Experience
- New Business
- Business Growth
- International Business Growth
- Environmental Impact
- Retailer of the Year

The winners will be announced at an awards ceremony held on Thursday 26th March, at the Open Norwich. Nominations for all categories are now open and further details can be found at www.south-norfolk.gov.uk/businessawards. Retailers can request a marketing pack to advertise the Retailer of the Year Award to their customers by emailing awards@s-norfolk.gov.uk

MISSING DOG REUNITED WITH OWNERS

Marco, a Pomeranian dog who went missing following a burglary in Stanfield Road, Wymondham, on Wednesday 31st July, has been reunited with his owners. Following a police investigation, including a public appeal for information, the dog was recovered safe and well in Twin Oaks/Sandyacres, Braintree.

David Warner, Marco's owner, said: "We were extremely concerned when realising that our dog had gone

missing - not just because he is old, but because we didn't understand why he would be of interest to anyone other than ourselves. We cannot thank the joint work of all the officers enough. We were updated regularly throughout the investigation and even when we were reunited with Marco the officers made the effort to contact us to ask how we were all getting on.

"We are thrilled to have Marco back with us and we would like to thank the police for their fantastic efforts throughout"

Four men were arrested and charged in connection with the incident.

THE FUTURE OF BECKET'S CHAPEL

For some time, Wymondham Arts Centre has been trying to obtain funding for the repair and refurbishment of Becket's Chapel. Working with the Norfolk Historic Buildings Trust (NHBT), they have made two unsuccessful attempts to achieve grant aid from the Heritage Lottery Fund.

They have now received some funding to help put together a business case to make further applications to funding organisations, but need to show that there is community support for the scheme.

The semi-redundant Grade I-listed and 'At Risk' building located in the town centre is currently used as Wymondham Arts Centre for six months of the year.

NHBT and Wymondham Arts Forum (WAF) have been working with local stakeholders for some time now to find a viable long-term solution for this building. During 2018/19 they made two applications for funding to the National Lottery Heritage Fund (NLHF) for £1.2 million of the £1.7 million cost of turning the chapel into a multi-functional community facility. The project included a modern extension, which would have incorporated a café.

Unfortunately, these applications were unsuccessful: competition for funding has become much fiercer as NLHF grants have diminished and their criteria have moved away from purely heritage projects to those which benefit hard-to-reach groups first and foremost.

NHBT therefore decided to pursue a smaller project with a cost of c. £600,000 and no extension. A further project viability grant was awarded by the Architectural Heritage Fund and The Geoffrey Watling Charity, and NHBT is currently assessing the alternative options available to save this important historic building.

Judith Harwood (Vice Chair of NHBT) and Christine Buckton (Trustee WAF) explain: "NHBT and Wymondham Arts Forum are keen to preserve this unique asset in Wymondham Town Centre, but to do so we need to evidence strong community support. People can help by signing our petition, either at the Arts Centre or online at <http://wymondhamarts.org/the-future-of-beckets-chapel/>"



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LADIES IN LAVENDER LATEST PLAYERS PRODUCTION

Rehearsals are well under way for the Wymondham Players' latest production, *Ladies in Lavender*. The stage play was adapted by Shaun McKenna from the screenplay by Charles Dance, itself based on a short story by William J Locke. So the play has had a long journey from its origins all the way to Central Hall, where it is being performed between Wednesday 20th and Saturday 23rd November. There is a matinee performance on the Saturday afternoon which includes an audio description for the visually impaired. This is possibly the first time that this service has been offered by any amateur group in the UK, and is certainly a first for Wymondham Players.

For those unfamiliar with the plot the play is an evocative, heart-warming story of unfulfilled dreams and unrequited love. It tells the tale of two sisters Ursula and Janet who live in a close-knit fishing village in picturesque Cornwall in 1936. When a handsome and talented young Polish violinist bound for America is washed ashore, the Widdington sisters take him under their wing and nurse him back to health. However, the



presence of the mysterious young man disrupts their peaceful lives and the community in which they live.

Directed by Alan Carpenter it stars Tracey Hobbs as Ursula, Heather Carpenter as Janet and Georgette Vale as their housekeeper, Dorcas, with Becky Davies as Olga, Chris Baines as local GP Doctor Mead, and introducing Matthew Long as Andrea.

For tickets contact the Box Office on 07999 004453 (mobile rates apply), or visit www.wymondhamplayers.org.uk for more information.

For further details of this production, and Wymondham Players in general, contact drjefferies@me.com or telephone 07827 277932.

From the veg plot to the pot

Wymondham's Allotment Growers and Community Kitchen have been linked up by a Town Councillor to enable spare produce to be used in community meal preparation.

"It is such a simple idea and one that helps both groups" said Annette James. "I'd heard our town's allotment growers often have spare produce which they swap among themselves to avoid waste. I knew the community kitchen could use donated fresh fruit and vegetables to make a nutritious meal for those in need or could give it to people via their community fridge and food bank – so why not see if the two groups could work together?"

Annette was helped by her friend Janet Stevens, who has an allotment at the Town Council's Chapel Lane site. Janet approached the Allotments Committee to ask for their backing and the idea was approved and advertised to the growers. Now Annette collects the donated produce weekly and takes it to the Kitchen for their use.

"According to Norfolk Recycles food waste makes up approximately one third of the contents of our bins. South



Norfolk Council does not offer a food waste collection service currently, so anything I can do to help facilitate produce donations to a good cause while highlighting the issue of food waste, has to be worth my time," says Annette.

The Community Kitchen was established by Wymondham resident Arnie McConnell. It is run by volunteers and based at Our Lady and St Thomas of Canterbury Church on Norwich Road. The team serves a meal on Tuesdays from 11am to 2pm to those who would like companionship or need a hearty lunch, is run on a 'donate what you can afford' basis and is non-denominational. They accept food donations on Mondays between 10am and 12noon or when the kitchen is open on Tuesdays.

FEEL THE SPIRIT AT THE WYMONDHAM CHORAL SOCIETY CONCERT

Wymondham Choral Society's next concert on **Saturday 30th November** will feature an exciting mix of choral music with popular works and other pieces to suite many different tastes.

The main work in the programme is *Feel the Spirit*, a cycle of well-known spirituals arranged by the British composer and conductor John Rutter (pictured), who is most famous for his choral works and Christmas carols. With hints of American jazz, the seven movements in this work include both upbeat and more reflective moods from desolation ("*Motherless child*") to prayer, to aspiration ("*Deep river*") and, in New Orleans style, jubilation ("*When the saints*"). John Rutter is held in high regard and has been described as "The most celebrated and successful composer of carols alive today", "A creator of wonderfully great things for the human voice" and "The most gifted composer of his generation."



Other pieces to be performed include a selection of choral gems including choral works by Bach (from *Cantata 140: Sleepers Wake*), Brahms, Charpentier, Parsons and Handel (including the *Hallelujah* from *Messiah*), and *And Can It Be?* by Dan Forrest.

There will of course be some seasonal music for Advent and items performed by the soloist.



The choir will be accompanied as usual by Rob Goodrich and directed by Claire Dixon. The soloist for the concert is Karen Harries Allen (mezzo-soprano - pictured). Karen first studied privately in Aberdeen and then at the Music School in Leiden, Holland. For a number of years she has continued advanced studies with Jeffrey Davies in Norwich. Karen was approved as a Fellow of the London College of Music in December 2009 and has performed in Britain, France, Holland, Italy, Brazil, New Zealand and the USA. Reviewers have described Karen's performances as "Clear vocal style and sensitive interpretation", "Vocally outstanding", "Superb voice" and "Fine rounded tones, at home singing everything from opera to the blues."

As well as singing and socialising, the choir also supports local charities at each concert; the next concert will be in aid of TimeNorfolk, a charity supporting families who need support after a pregnancy loss or infant death.

The concert is on starts at 7.30pm in St Mary's church, Attleborough. Tickets are £12 in advance or £15 on the door, with under 16s free, and are available from George Reeve Ltd in Wymondham, Nuts 'n' Bolts in Attleborough or by contacting the WCS chairman via www.wymondhamchoralsociety.org.uk

VIVAVOICES CHRISTMAS CONCERT

The VivaVoices Christmas Concert takes place on **Wednesday 27th November** at Fairland United Reformed Church on Fairland Hill, from 8pm. This charity concert features favourite songs from across the decades. Admission is free, with a collection for Dementia UK.



GEORGE FREEMAN MP PRESENTS BLOOM AWARD TO LOCAL PRIMARY

On Friday 18th October, Wymondham in Bloom team members Kim Carsok and Annette James were joined by local MP for Mid-Norfolk George Freeman at Ashleigh Primary School. They presented the trophy for 'Best Young People's Project' (under 12s) to the Head Boy and Head Girl and their teacher Kevin Finch.



The Ashleigh School Farm was awarded the trophy from the Anglia in Bloom judges because it was the best school farm they had ever seen. The farm is a multi-faceted learning environment used by classes in all age groups and subjects. It is well supported by school staff, parents and community volunteers. "The

judges remarked that the Ashleigh School Farm really sets a prime example of how best to do a gardening project in an educational setting," Carsok said.

Not only do the pupils at Ashleigh Primary learn about plants in the farm, they also have the opportunity to interact with animals. They help look after chickens, orphaned lambs, rabbits and have even recently added tortoises to the mix. The combination of growing fruits and vegetables with caring for livestock helps the children to understand where food comes from and where, in the case of the animals, it goes.

"It was a great privilege to help present the 'Best Young People's Project (under 12s)' award to Ashleigh Primary School. They are a fantastic example of how some 'out-of-the-box' thinking can hugely inspire our next generation, and I am delighted to see their success being acknowledged and celebrated, as part of a raft of achievements for the town in this year's Anglia in Bloom awards," Freeman commented.

This was just one of three trophies awarded to Wymondham at the Anglia in Bloom 2019 awards. The others were for 'Best Commercial Area', awarded to the High Street/Market Street, and 'Best New Entry'. This was Wymondham's first year entering Anglia in Bloom and the successes were much greater than anticipated.

South Norfolk derby gets Wymondham back on track

Autumn rugby is often the best rugby - pitches have softened up and hopefully it'll be at least a couple of months before they start freezing up. But you've still got to cope with the conditions. After two strong wins in their opening fixtures, Wymondham had their first slip away at Stowmarket in a wind fit to strip the trees.

It started well enough with Wymondham's forwards in control but the team lost their finishing touches and had to soak up strong counters from the home side. Stowmarket had the wind in their backs and it pushed them to commanding 20-0 half time lead. Scrum half Charlie Delaney got Wymondham's only try after the break - adding a fine touch-line conversion - but the visitors weren't able to build on it and went down to a 32-7 defeat.

However, back home at Barnard Fields the following week, the Red and Blacks served up a cracking 80 minutes of rugby in a local derby against South Norfolk rivals Diss. A first half of up-front dominance and solid defence left the home side 35-7 up at the break and the crowd with grins on their faces. But momentum can change quickly and those who thought the game was over were badly mistaken. Diss rallied the troops, raised their game and battled back. A yellow card didn't help Wymondham's cause and when Diss scored their fourth try with 10 minutes to go the game was on a knife edge.

A huge effort by Wymondham took them deep into Diss territory and a final try saw them home 40 - 29. A bruising game but one played in excellent spirit. Quick feet saw prop Luke Beales top the try list with a brace, and he was joined by captain Simon Darby, Alex Kelsall and Charlie Delaney.

After winning their opening league fixture against Bury Foxes, Wymondham's senior women's team, the Wasps, had a tougher outings to Birmingham Moseley and Litchfield Green. They start November at home to West Bridgford. And good linked-up play and fine handling saw the Bees, the women's development squad, notch up a comfortable 37-7 win over East Suffolk Saxons.



RADIO WYMONDHAM CELEBRATES FIRST ANNIVERSARY

Radio Wymondham, the town's very own online community radio station, is celebrating its first anniversary this month.

"We haven't actually been broadcasting for a year yet," explains Anthony Woods (better known to all as AJ), current chair of the not-for-profit Community Interest Company. "But it's a year since we signed on the line to create the company and began looking for premises that we could use."

Radio Wymondham began recruiting volunteers, not only as would-be presenters, but also some who were willing to roll up their sleeves and set-to with painting and equipping the premises, and others who found some local businesses who were willing to help with donations of basics such as lighting and furniture.

"We are very pleased with how things have shaped up at our base above the Blackberry Café at Centre Paws, on the Barnham Broom Road, although of course, with more volunteer members and more revenue, there's much more that we'd like to do," says AJ. "In time, we'd like to expand on to the new local DAB digital broadcasting network, a system that has been trialled successfully in Norwich, but for the moment we are an online station only."

Radio Wymondham is expanding with new volunteers coming on board and would welcome more - you don't necessarily have to go on air either, as the station also needs people who are good with organising outside events, fundraising, social media, talking to other local businesses to raise funds through on-air advertising - the list is endless.

Of course, if you love your music and do fancy yourself as a radio DJ, then Radio Wymondham can provide training. "In fact," continues Anthony, "as part of our remit to get into the heart of the community, we are looking at getting local schools involved too - and of course our star DJ, Jimi Wei Tang, who presents his own 1960s music show every Tuesday, is only eight years old! We welcome new recruits so do get in touch if you're interested."

"And for local businesses, we have some very tempting low-cost advertising packages available, and we'd love to hear from your business if you'd like to play a part in our story. Radio Wymondham is all about community - so get involved."

Radio Wymondham broadcasts 24 hours a day, seven days a week, with a wide range of fully-presented



specialist music and other shows on the schedule so that there's something for all tastes. There's everything from Folk, Blues, Drum 'n Bass, Soul, Country, Retro Pop, Dance, Classic Crooners and even Eurovision - and you can see the current programme listings in the 'What's On' section of this magazine.

To contact the team, email info@radiowymondham.com or see the Radio Wymondham pages on Facebook and Instagram. Listen online at www.radiowymondham.com

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BUSY PREPARING AT THE NORTH POLE

Volunteers at the Mid-Norfolk Railway are busy with final preparations for this year's Polar Express™ Train Ride services from Dereham to the North Pole. The whole experience is based on the much-loved 2004 animated film 'The Polar Express', itself based on the original book by Chris van Allsburg, in which, on Christmas Eve, a young boy embarks on a magical adventure to the North Pole on the train while learning about friendship, bravery, and the spirit of Christmas.

"We have a reading of the book aboard the train as the journey unfolds," explains the MNR's General Manager George Saville, "and our enthusiastic team of volunteers operating the trains are joined by a very professional team of actors who take on the roles of the singing chefs, and of course the Train Conductor, the role played in the original film by Tom Hanks.

"There's also what you might call a pre-show before the journey itself as our passengers are welcomed and, in keeping with the original story, we encourage everyone, young and not so young, to wear their pyjamas and dressing gowns - it's all part of the experience," adds George. "And of course, you can buy Polar Express™ branded souvenirs to take home afterwards too."

As this edition of *Wymondham Magazine* went to press there were still a few tickets left for earlier dates on the Mid-Norfolk Railway's Polar Express™ Train Ride



calendar, and also some for the 'Twixmas' period between Christmas and New Year - some Golden Tickets for a trip then would make an ideal surprise gift on Christmas Day itself - maybe with a copy of the book too. You will find full details and can make a booking online at the dedicated website www.midnorfolkthepolarexpressride.com

And, as if the excitement of a trip to the North Pole and the approach to Christmas wasn't enough, next year the Mid-Norfolk Railway will be marking another big event as it celebrates its 25th anniversary. "I can't reveal too much at this stage," says George Saville, "but we have some very exciting plans afoot for 2020. Watch this space!"

You can follow the Mid-Norfolk Railway on Facebook and Twitter and through their main website at www.mnr.org.uk where you'll also find details of membership and volunteering opportunities.

FREE TRAINING OFFERED TO WYMONDHAM BUSINESSES

South Norfolk Council (SNC) is supporting local businesses with subsidised training, supported by the Local Investment in Future Talent (LIFT) Programme. They are keen to enable businesses to have a good digital footprint so a greater awareness of Wymondham can be achieved. SNC is offering free-of-charge places on training courses and workshops for small to medium sized businesses in Wymondham and the surrounding area in November 2019 and January 2020.

A One-Day Customer Service Training course with accreditation will give participants today's core customer service skills, reflecting the latest techniques and best practice.

A Half-Day Digital, Social Media and Marketing workshop will be available at both Beginner and

Advanced levels. Beginners will learn why social media can be effective and how it will help gain more customers, and Advanced learners will be given the key elements of a successful social media campaign and leave with a social media marketing strategy.

Places are very limited, so book for yourself and/or staff members and take full advantage of this opportunity to upskill for free. For booking on any of the three courses, full course content, dates and venues and full T&Cs, visit www.south-norfolk.gov.uk



PLANS TO TRANSFORM TRAVEL IN GREATER NORWICH

Proposals for a substantial funding bid to central government submitted to a Council committee in October have the potential to transform travel in Greater Norwich if approved.

In September 2018, Greater Norwich was one of 10 city areas shortlisted to apply for a share of an £840m grant from the Department for Transport's Transforming Cities Fund. In the following budget announcement, this was extended to 12 city areas and a £1.2bn total fund.

The fund aims to make it easier for people to access jobs, training and retail, and also aims to respond to issues around carbon reduction and improving local air quality, with a strong focus on increasing use of public transport, walking and cycling.

Wymondham Rail Station and the Norfolk and Norwich University Hospital are two locations identified as likely to benefit from new transport hubs and an expansion of the Thickethorne park and ride site, which would also facilitate the future option of new services to the Norwich Research Park. Additional measures are also being proposed along the Wymondham corridor to improve bus journey times and facilities for pedestrians and cyclists.

If approved by the cabinet and joint committee, final plans will be submitted to The Department for Transport at the end of November, with a funding decision expected in March 2020. Each individual scheme or group of schemes would then be subject to further development and public consultation, where appropriate.

To download a copy of the original bid document for Greater Norwich or find details of the previous funding award, visit: www.norfolk.gov.uk/transformingcities



New Council Offices taking shape at Kett's Park

The new build Council Offices at Kett's Park are continuing apace with building work on schedule for a finish around April/May time next year.

The build, which will see the Council relocate from Middleton Street in the centre of town to Kett's Park, will be a vast improvement on the current building which is no longer fit for purpose. In addition, the Council will save on the rent it currently pays to South Norfolk for the old building.

The new build will be accessible for all and will be more eco-friendly.

Funding for the new build has come via reserves the Council has accumulated amounting to more than a third of the £1.8 million cost of the build. Together with savings to be made from no longer paying rent or maintenance costs at Middleton Street, and a Public Works Loan Board facility, the project should be completed with no increase in council tax.

FIRST AID COMPETITION SUCCESS FOR CADETS

After winning the Norfolk and Suffolk Wing RAF Air Cadet First Aid competition early this year, six 1986



(Wymondham) Squadron cadets were selected to represent Norfolk and Suffolk in the annual Central and East Region First Aid competition on Sunday 6th October at RAF Wittering. These cadets formed two teams; a Youth First Aid team made up of four cadets and a Young Adults Team made up of two senior cadets.

Both of these teams competed in a challenging first aid scenario where they had to treat a non-breathing casualty, unconscious casualty and a broken bone.

The two teams did well on the day, with the Youth First Aid Team finishing second, earning their place in the Air Cadet Inter-Region competition later this year. The Young Adult First Aid team also did well, finishing in third place.

WYMONDHAM OPEN GARDENS 2020

A new team of organisers has started preparing for the next Open Gardens event, which will take place on Saturday 6th and Sunday 7th June 2020.

All gardeners who took part last year have been contacted and asked if they wish to open their gardens again. They hope to match the very successful 2018 event, which featured over 30 gardens in the town and raised nearly £8,000 for local charities.

In 2020 the proceeds will go to the Wymondham Heritage Museum, Wymondham Nature Group and Greening Wymondham. If you are interested in opening your garden and want to discuss how to take part, contact tonyfielder@btinternet.com or call 01953 606127.

FOOTBALL COLLEGE COMES TO SOUTH NORFOLK

Aspiring footballers have been given a boost with the arrival of a national football and education programme in Wymondham. The Football Industry College kicked off at South Norfolk Council's 3G facility at Kett's Park in September, providing boys and girls aged 16 to 18 the opportunity to combine education with a football development, training and match programme.

Students have the opportunity to study for a BTEC Level 1/2 Sport or Level 3 in Sport & Exercise Science, along with the chance to improve their GCSE maths and English grades if required. On the pitch students can develop as a player, learning from the college's UEFA A qualified coaches and ex professional footballers while participating in both competitive college leagues and elite fixtures. Should a coach feel a student has the potential, they can help arrange trials games or opportunities to train at professional clubs.

For more information, visit www.footballindustrycollege.com/apply-now or email info@footballindustrycollege.com

Bridewell WI update

By Claire Drake

Wymondham Bridewell WI are coming to the end of a successful year. This was Norfolk's centenary year which was celebrated in high style at East Ruston Gardens, and at our annual meeting with Pam Ayers as our guest speaker - who was quite hilarious and a bit naughty! We also celebrated over 50 years as a WI in Wymondham.

We meet on the third Wednesday of the month at the Catholic Church Hall at 7.20pm. We invite you to our festive Christmas meeting on **Wednesday 18th December**, when we shall listen to music Rat Pack style and serve suitable festive refreshments.

We have welcomed several new members this year who have settled in with enjoyment. We offer a variety of talks, demonstrations and activities, friendship and a sense of belonging. We have also formed a group designed to give members who are on their own a chance to meet at weekends for coffee or lunch, and this has proved very popular.

IN PICTURES...

Top - The newly formed Lemon Minstrels singing the Lemon Day song at the Wymondham Garden Centre Autumn Fair. Below - The Town Criers of Wymondham and Attleborough marking 1,100 editions of the Talking Newspaper.



Get ready for Wynterfest

Wrap up warm and get the whole family ready for Wynterfest on Saturday 7th December. From 12noon to 6pm Wymondham will be buzzing with festive activities, live music, street entertainers and a live broadcast by Radio Wymondham. The much-loved reindeer shall be returning this year and will be found on Fairland Street.

Visitors will find activities and entertainment throughout Wymondham town centre, from Fairland Street through Market Place, all the way up to the war memorial. Local businesses, churches and community venues will also offer loads to see and do. Make sure to plan enough time to explore all the fantastic venues taking part, as well as for gift shopping in the numerous shops along the way.

The Lighting Up Wymondham Parade will kick off at around 3:30pm and is the big light switch on Wymondham has been waiting for! The parade will take visitors on a festive journey from The Arts Centre on Church Street up to The Market Cross, lighting up Wymondham along the way. It will finish with Christmas Carols where everyone can take a moment to see Wymondham lit up and in full festive spirit.

One of this year's highlights includes the arrival of Santa himself in his sleigh. He will then be excitedly waiting in his grotto in Wharton's Court, ready to meet all his young visitors.

The Ex-Services Club will again be hosting the 'Made in Wymondham' craft market, a great opportunity to browse and purchase some lovely local handmade products.

The high street will be lined with stalls featuring festive food and warming drinks, as well as a variety of other wonderful local products.

In addition to all the festivities, don't miss the Family Fun Fair on Middleton Street. Of course there will be plenty to treat adults too, including mince pies and mulled



wine to keep you warm.

Make sure you have Saturday 7th December in the diary! The Wymondham Town Team volunteers look forward to seeing you there.

More information can be found on the Wymondham Town Team Facebook page or visit www.wymondhamtownteam.org/wynterfest



Every day around **700 people** are diagnosed with diabetes. That's one person every **two minutes**

Wymondham Diabetes Group
An informal and friendly support group for those living with diabetes to exchange ideas and provide peer support.

Meetings with speakers held at Fairland Church, Wymondham NR18 0AW, 2-4pm every second Tuesday, alternate months from February.

email: wymdiabetes@gmail.com

 Wymondham Diabetes Group

DiABETES UK
KNOW DIABETES. FIGHT DIABETES.

Charity Number 215199

MUSEUM CLOSES DOORS FOR 2019

Following another busy season Wymondham Heritage Museum closes its doors on Saturday 9th November. So, hurry if you want to enjoy the exhibitions and displays and learn more about the history of the town and its people.

Did you or someone you know work in the brushmaking industry? Among the brushes, tools and equipment in the Brushroom there is a memory book with some gems from past employees, their relatives and friends. Perhaps you can add an anecdote.

The history of the town's fire service has generated plenty of interest. Tales of firemen and the fires they fought. The Women in World War One, the stories surrounding the town's pubs and, of course, the spooky dungeon have all proved major attractions to visitors.



So, if you haven't been, don't miss out on the wealth of attractions in the historic Bridewell. And join the many who have tasted the delights of the Tearoom's homemade scones and cakes!

When the doors finally close for the season, the volunteers who run the museum will not be idle. Already plans are advanced for an exciting project that will allow visitors to take a further step back in time. No sooner are the doors locked than it'll be jackets off and all hands to the pumps to make sure everything is in place for the opening in March 2020.

Perhaps you could help The museum will welcome anyone who can lend a hand.

Of course, such projects cost money and the museum is extremely grateful for a generous donation of £100 from Chasing the Spirit Paranormal Investigations. The group came to the historic Bridewell in the summer to conduct an investigation. They made contact with former prisoners and plan to return for another visit later in the year. A business in the town where they held a couple of investigations waived the cost of opening up for them. The group kindly decided to donate the fees for these to the museum.

Looking ahead, there are vacancies for stewards and people in the Tearoom. For details and to help with the new project, email whm.info@wymondhamheritagemuseum.co.uk

EXCITING NEW VENTURE AT CENTRE PAWS

Five friendly alpacas are set to steal the limelight from the usual four-legged friends who enjoy the canine facilities at Centre Paws.

The business is the long-held dream come true for their owner Tom Boggan, who is assistant manager at the dog-friendly Blackberry Tearoom on the site at Barnards Farm off the Barnham Broom Road. He had been wanting to keep alpacas for several years and when the opportunity to rent a paddock came up at the farm he jumped at the chance.

"I bought my first three alpacas just as pets from a smallholding in Garvestone," he said. "Then I managed to find another two boys who were already trained in trekking and brought them to the farm as well. They all love it here and although I was a bit worried they wouldn't like all the dogs that visit they have actually settled in really well and are just very curious of everything."

Boggan has now launched a website www.wymondhamalpacas.co.uk which is open to bookings which start at £30 for three people for up to 90 minutes. During the experience he introduces the alpacas, talks about their personalities, diet, day-to-day care and needs before allowing the visitors to take the lead rein and go for a walk in the countryside. The experience can also include afternoon tea, buffet lunch or cake in the Blackberry Tearoom by arrangement.

Kathryn and David Cross of Centre Paws will be off to Ipswich on Friday 1st November for the eastern finals of the Rural Business Awards. The centre is shortlisted in two categories - best rural start-up and best rural diversification.



In brief...

STAR THROWERS SPECIAL THANKS

On Sunday 13th October Star Throwers were invited to Norfolk Police Headquarters to receive a cheque for £1,106.48 from the Special Constables, who cycled the Tour de Broads earlier this year. This fantastic amount will pay for 37 cancer information sessions or holistic therapies. If you or someone you know are interested in fundraising for the charity they can provide fundraising support and running/cycling t-shirts, email victoria@starthrowers.org.uk

CANINE CALMNESS FOR FEARFUL FIDOS

Is your dog terrified of fireworks? Are you dreading the days around Bonfire Night trying to comfort your pet as they cower behind the sofa? Or is your dog nervous in general and you have been unable to help them overcome their anxieties? On **Monday 28th October**, Centre Paws is running a Canine Calmness Training Seminar for you to learn many proven strategies to help fearful dogs. Places are limited and cost £55 per person, including a light lunch and refreshments. Contact Kathryn or Becky on 01953 607699 or email centrepaws18@gmail.com for a booking form.

WINTER COFFEE MORNING

On Saturday 16th November from 10am to 1pm, join Star Throwers for a morning of tea, cake and Christmas shopping at their centre on Melton Road, Wymondham. There will be lots of stalls selling local crafts, handmade candles, jewellery and Christmas gifts. Entry is £2 per person and includes drink and cake.

NEW OWNERSHIP FOR ROBERT KETT

Managers Karl and Becky Baker have recently taken over ownership of The Robert Kett pub on Lime Tree Avenue. Becky says: "Come down and support your local pub run by local people and give us some suggestions - we can't wait to see you!"

BURPEES FOR BIG C

Saxon Crossfit - based at Wymondham Business Park - are hoping its members will do 1,000,000 burpees between **Monday 25th November** and **Tuesday 24th December** all in aid of The Big C. As part of the challenge they are encouraging people to come down and crack out some burpees. Do 10, do 50 do an hours worth, every burpee will be greatly appreciated. For more information see www.facebook.com/events/518574748696947

AUTUMN FAIR FUNDRAISING TOTAL

Wymondham Garden Centre raised a total of £2,491.25 at their recent Autumn Fair for Wymondham Dementia Support Group. The Dementia Group themselves raised £768.05 with their tombola stall plus an additional donation, making a grand total of £3,359.30.

MINI GREEN FINGERS GARDENING

The mini green fingers Gardening School has opened its doors and is looking for curious three to four-year-old children (with accompanying adult). The one-hour classes are designed to help children understand how and why it is fun to grow plants. The autumn term will run from **Monday 28th October** until the start of the Christmas school holidays, at the Norfolk School of Gardening located at Ketteringham Hall. Contact classes@minigreenfingers.com for more details.

WHAT'S ON AT THE REGAL

On Sunday 3rd November at 2.30pm at the Wymondham Ex-Services' Club the Regal Experience will screen *Key Largo*, one of the great movies of the film noir genre from the 1940s. Directed by John Huston, the thriller sees the legendary Humphrey Bogart in the role of a war veteran confronting a nasty gangster boss, played convincingly by Edward G Robinson, during a hurricane on the Florida Keys.

Also starring in a stellar cast is Lauren Bacall, who was married to Bogart from 1945 to his early death at the age of 57 in 1957. Their marriage was one of the great movie love affairs of all time and *Key Largo* brings out the chemistry between them. In 2005 Bacall had commented that the film was one of her happiest movie experiences. Claire Trevor, who had famously starred with John Wayne in the 1939 classic western *Stagecoach*, won an Oscar for best supporting actress for her portrayal in *Key Largo* of Robinson's boozy floozy.

There will be a full supporting programme with the *Royal Rodeo*, a short musical from 1939 starring John Payne. Tickets, priced £5 (concessions £4) are available from Simply Cards or on the door. Enquiries to Michael Armstrong on 01953 603246.

10K ROAD RACE A SELL-OUT

South Norfolk Council's new 10k Road Race event, sponsored by East Anglian Motor Auctions, has attracted a sell-out entry of experienced runners and beginners alike. The event will take place from Wymondham Abbey Hall on Church Street on **Sunday 24th November** starting from 10am. Registration will open at 8.30am. All finishers will receive medals and goodie bags.

WHAT'S ON?

Tuesday 22nd October to Sunday 3rd November

Norfolk Makers Art & Craft Show
Wymondham Arts Centre
www.wymondhamarts.org

Friday 25th October

Family Halloween Art & Craft
9.30am to 12noon, StART Studio, 16 Market Place
www.start-studio.co.uk

Pabulum Café
10am, Fairland United Reformed Church
www.wymondham-dementia-support-group.org.uk

Meeting Point
10.30am, Catholic Church
www.hopecommunitychurch.co.uk

Open Studio
12.30pm to 2pm, StART Studio, 16 Market Place
www.start-studio.co.uk

Open Sessions with Encore Singers
7.30pm to 9.30pm, Fairland Hall
www.facebook.com/EncoreNorfolk

Poppy Concert - Wymondham Branch of The Royal British Legion with music from the Taverham Brass Band
7.30pm, The Regal Lounge, Ex Services Social Club. Tickets £10
<http://branches.britishlegion.org.uk/branches/wymondham>

Halloween Party
8.30pm, The Cross Keys
www.facebook.com/pg/keyswymondham

Saturday 26th October

Open Studio
9.30am to 3pm, StART Studio, 16 Market Place
www.start-studio.co.uk

Craft Fair
10am to 2pm, Central Hall

Dachshund Training And Behaviour Workshop
10am to 4pm, Centre Paws
www.centrepawsnorfolk.co.uk

Norfolk Flyball Weekly Meet Outdoors
10.30am to 12.30pm, Centre Paws
www.centrepawsnorfolk.co.uk

Autumn Leaves with Norfolk West Gallery Quire
7.15pm, RC Church
www.norfolkwestgalleryquire.org.uk

The Stylotones - live music
7.30pm, Ex Services Social Club. Tickets non-members £4
<https://sites.google.com/site/wymondhamexservicessocialcl/>

Monday 28th October

Canine Calmness Training Seminar
10am to 3pm, Centre Paws
www.centrepawsnorfolk.co.uk

Hoppers
10am to 11.30am. Baby Hoppers 1pm, The Hub, Ayton Road
<https://www.hubproject.org.uk/>

Open Day
10am to 4pm, Star Throwers
www.starthrowers.org.uk

Pabulum Quiet Café
10am, Fairland United Reformed Church
www.wymondham-dementia-support-group.org.uk

Autumnal Aqua Hand Tie
6pm to 8pm, Centre Paws. Tickets £30
www.centrepawsnorfolk.co.uk

Ignite Youth Night
7pm to 9pm, The Hub, Ayton Road
www.hubproject.org.uk

Tuesday 29th October

Bounce and Rhyme
10am to 11am, Wymondham Library
www.facebook.com/wymondhamlibrary

Hoppers
10am to 11.30am, The Hub, Ayton Road
www.hubproject.org.uk

North Wymondham Community Kitchen
11am to 2pm, Church of Our Lady and St Thomas of Canterbury, Norwich Road
finance@wymondhamrchurch.org.uk

The Space
2.15pm to 4.30pm, The Hub, Ayton Road
www.hubproject.org.uk

Quiz Night
8.30pm, The Railway Tavern
www.therailwaypub.com

Wednesday 30th October

Hoppers
10am to 11.30am, The Hub, Ayton Road
www.hubproject.org.uk

Read Aloud Group - with community read *We Must Be Brave*
10am to 11am, Wymondham Library
www.facebook.com/wymondhamlibrary

Green Dragon Runners Club
7pm, from The Green Dragon
www.greendragonnorfolk.co.uk

VivaVoices Choir Rehearsal
7.30pm to 9pm, Fairland United Reformed Church
www.vivavoices.com



MARKETS

Every Friday

Charter Market
8am to 5pm, Market Place
01953 603302

Country Market
8.30am to 11.30am, Ex Services Social Club
01953 603708

Third Saturday (16th November)

Farmers' Market
9am to 1pm, Market Place
01953 603302

Thursday 31st October

4Networking Wymondham Breakfast Business Meeting
8am, Wymondham Rugby Club
www.4networking.biz/groups/group-details/?groupid=1133

Cup Of Caring
10.30am to 12noon, The Hub, Ayton Road
www.hubproject.org.uk

Hopeful Craft Group
1pm to 3pm, The Hub, Ayton Road
www.hubproject.org.uk

Halloween Walkies
4pm to 7pm, Centre Paws
www.centrepawsnorfolk.co.uk

Knit and Natter
5pm to 7pm, Wymondham Library
www.facebook.com/wymondhamlibrary

Halloween Pumpkin Centrepiece
6pm to 8pm, Ragged Robin Florist, 38 Barnham Broom Road. Tickets £35
<https://raggedrobinflorist.co.uk>

Wacky Tacky Party
6pm to 8pm, The Hub, Ayton Road. Tickets £3.50, school years 1 to 6
<https://hopewymondham.churchsuite.co.uk/events/hztcg900>

Halloween Family Disco with Wymondham Vipers
7pm, Wymondham Rugby Club 07760 764259 (Tricia Bunting)

Halloween Night Quiz
7pm, The White Hart
www.facebook.com/The-White-Hart-409893263090328

Halloween Charity Quiz Night
7.30pm, The Green Dragon
www.greendragonnorfolk.co.uk

Friday 1st November

Coffee Morning
9.30am to 11.30am, Town Green Centre
www.towngreencentre.org.uk

Norfolk and Norwich Association for the Blind (NNAB) – information & advice session
10am to 12noon, Wymondham Library
www.facebook.com/wymondhamlibrary

Pabulum Café
10am, Fairland United Reformed Church
www.wymondham-dementia-support-group.org.uk

Women Helping Women
10am to 12noon, Centre Paws
www.centrepawsnorfolk.co.uk

Meeting Point
10.30am, Catholic Church
www.hopecommunitychurch.co.uk

Fireworks Night
5.30pm gates open, 7.30pm fireworks, Wymondham Rugby Club, Barnards Fields. Tickets £5 adult, £4 child (under 5s free of charge)
www.wymondhamrfc.com

Bingo Night
7pm for 8pm, Ex Services Social Club
<https://sites.google.com/site/wymondhamexservicessocialclub/>

Forged - live music
9pm, The White Hart
www.facebook.com/The-White-Hart-409893263090328

Saturday 2nd November

Lemon Day
10am, Various locations, Town Centre
www.facebook.com/WymondhamTownTeam

Norfolk Flyball Weekly Meet Outdoors
10.30am to 12.30pm, Centre Paws
www.centrepawsnorfolk.co.uk

Wellbeing At Hart
10.30am to 2.30pm, The White Hart
www.facebook.com/pg/The-White-Hart-409893263090328

Christmas Craft Fair
11am to 3pm, Wymondham Abbey
www.wymondhamabbey.org.uk

The Zone
2pm to 4pm, The Hub, Ayton Road
www.hubproject.org.uk

Halloween Party
6pm, Wymondham Sports Bar
www.facebook.com/events/1404622129691415

Justin and Leesa's 10 Year Anniversary Charity Party with live music from The Lovin Handful and others
From 3pm, The Green Dragon
www.greendragonnorfolk.co.uk

Sunday 3rd November

Key Largo
2.30pm, Ex Services Social Club (Regal Cinema). Tickets £5 (£4 concessions), from Michael Armstrong (01953 603246) or at Simply Cards

Quiz Night
7pm, Wymondham Town Football Club, King's Head Meadow
www.wymondhamtownfc.co.uk

Monday 4th November

Hoppers
10am to 11.30am. Baby Hoppers 1pm, The Hub, Ayton Road
www.hubproject.org.uk

Pabulum Quiet Café
10am, Fairland United Reformed Church

www.wymondham-dementia-support-group.org.uk

The Nappy Rush Book Group
10am to 12noon, Kett's Books
www.kettsbooks.co.uk

Ignite Youth Night
7pm to 9pm, The Hub, Ayton Road
www.hubproject.org.uk

Tuesday 5th November

Wymondham Business Network Meeting
7.30am, The White Hart. Tickets £12 or £10 members
www.facebook.com/wymondhambusinessnetwork

Bounce and Rhyme
10am to 11am, Wymondham Library
www.facebook.com/wymondhamlibrary

Hoppers
10am to 11.30am, The Hub, Ayton Road
www.hubproject.org.uk

North Wymondham Community Kitchen
11am to 2pm, Church of Our Lady and St Thomas of Canterbury, Norwich Road
finance@wymondhamrcchurch.org.uk

Local author Sally Harris talks about her new book *Haverscroft*
1.30pm to 3pm, Wymondham Library
www.facebook.com/wymondhamlibrary

The Space
2.15pm to 4.30pm, The Hub, Ayton Road
www.hubproject.org.uk

Bonfire Night & Fireworks
5pm to 7.30pm, Hethersett Hall Care Home
www.barchester.com

Wymondham Ukulele Group
7pm to 9pm, The Green Dragon
www.wymondhamukulelegroup.com

Town Council Meeting
7.30pm, Tiffey Room, Central Hall
www.wymondhamtowncouncil.org

Quiz Night
8.30pm, The Railway Tavern
www.therailwaypub.com

Wednesday 6th November

Hoppers
10am to 11.30am, The Hub, Ayton Road
www.hubproject.org.uk

Read Aloud Group - with community read *We Must Be Brave*
10am to 11am, Wymondham Library
www.facebook.com/wymondhamlibrary

Green Dragon Runners Club
7pm, from The Green Dragon
www.greendragonnorfolk.co.uk

Wymondham Art Society Meeting - Illustrated Talk by Chris Hann
7.15pm, Roman Catholic Church Hall, Norwich Road
www.wymondhamart.org

Darts Night
7.30pm, Wymondham Town Football Club, King's Head Meadow
www.wymondhamtownnfc.co.uk

VivaVoices Choir Rehearsal
7.30pm to 9pm, Fairland United Reformed Church
www.vivavoices.com

Thursday 7th November

U3A Coffee Morning - Miss Reeve's Own Battle by Georgette Vale
10am, Tiffey Room, Central Hall
<https://u3asites.org.uk/wymondham/home>

Hopeful Craft Group
1pm to 3pm, The Hub, Ayton Road
www.hubproject.org.uk

Knit and Natter
5pm to 7pm, Wymondham Library
www.facebook.com/wymondhamlibrary

Alpha
7.15pm to 9pm, The Hub, Ayton Road
www.hopecommunitychurch.co.uk

Crib Night
7.30pm, Wymondham Town Football Club, King's Head Meadow
www.wymondhamtownnfc.co.uk

Quiz Night
8.30pm, The Green Dragon
www.greendragonnorfolk.co.uk

Friday 8th November

Pabulum Café
10am, Fairland United Reformed Church
www.wymondham-dementia-support-group.org.uk

Meeting Point
10.30am, Catholic Church
www.hopecommunitychurch.co.uk

Bingo Night
7.15pm, Wymondham Town Football Club, King's Head Meadow
www.wymondhamtownnfc.co.uk

Saturday 9th November

PSA Winter Fayre
10am to 4pm, Wymondham College
www.wymondhamcollege.org

Final Open Day of 2019
10am to 4pm, Wymondham Heritage Museum
www.wymondhamheritagemuseum.co.uk

Norfolk Flyball Weekly Meet Outdoors
10.30am to 12.30pm, Centre Paws
www.centrepawsnorfolk.co.uk

Literary Evening with Kett's Books and guests Ed Parnell, Elizabeth Buchan and Frances Liardet
7pm to 9pm, Becketts Chapel. Tickets £20 including glass of wine and a copy of one of the authors' books
www.kettsbooks.co.uk

Sunday 10th November

Remembrance Sunday Parade & Remembrance Service
2pm, Market Cross, 3pm, Service at Wymondham Abbey
<http://branches.britishlegion.org.uk/branches/wymondham>

Darts Superleague
6pm, Wymondham Town Football Club, King's Head Meadow
www.wymondhamtownnfc.co.uk

Monday 11th November

Pabulum Quiet Café
10am, Fairland United Reformed Church
www.wymondham-dementia-support-group.org.uk

Beginners Dog Massage
10am to 12noon, Centre Paws. Tickets £35
www.centrepawsnorfolk.co.uk

Hoppers
10am to 11.30am, Baby Hoppers 1pm, The Hub, Ayton Road
www.hubproject.org.uk

Ignite Youth Night
7pm to 9pm, The Hub, Ayton Road
www.hubproject.org.uk

Tuesday 12th November

Bounce and Rhyme
10am to 11am, Wymondham Library
www.facebook.com/wymondhamlibrary

Hoppers
10am to 11.30am, The Hub, Ayton Road
www.hubproject.org.uk

North Wymondham Community Kitchen
11am to 2pm, Church of Our Lady and St Thomas of Canterbury, Norwich Road
finance@wymondhamrcchurch.org.uk

The Space
2.15pm to 4.30pm, The Hub, Ayton Road
www.hubproject.org.uk

Book Group
6pm, Kett's Books
www.kettsbooks.co.uk

Farm Machinery Club
7pm, Wymondham Town Football Club, King's Head Meadow
www.wymondhamtownnfc.co.uk

Games Night
7pm, The Green Dragon
www.greendragonnorfolk.co.uk

Quiz Night
8.30pm, The Railway Tavern
www.therailwaypub.com

Wednesday 13th November

Hoppers
10am to 11.30am, The Hub, Ayton Road
www.hubproject.org.uk

Read Aloud Group - with community read *We Must Be Brave*
10am to 11am, Wymondham Library
www.facebook.com/wymondhamlibrary

Community Coffee Morning
10.30am to 12noon, The Robert Kett 01953 600563 (Norman and Helen)

Green Dragon Runners Club
7pm, from The Green Dragon
www.greendragonnorfolk.co.uk

VivaVoices Choir Rehearsal
7.30pm to 9pm, Fairland United Reformed Church
www.vivavoices.com

Thursday 14th November

4Networking Wymondham Breakfast Business Meeting
8am, Wymondham Rugby Club
www.4networking.biz/groups/group-details/?groupid=1133

Cup Of Caring
10.30am to 12noon, The Hub, Ayton Road
www.hubproject.org.uk

Hopeful Craft Group
1pm to 3pm, The Hub, Ayton Road
www.hubproject.org.uk

Knit and Natter
5pm to 7pm, Wymondham Library
www.facebook.com/wymondhamlibrary

Women Helping Women
7pm to 9pm, Centre Paws
www.centrepawsnorfolk.co.uk

Alpha
7.15pm to 9pm, The Hub, Ayton Road
www.hopecommunitychurch.co.uk

Crib Night
7.30pm, Wymondham Town Football Club, King's Head Meadow
www.wymondhamtownnfc.co.uk

Wymondham Ukulele Group
7.30pm, The Feathers
www.wymondhamukulelegroup.com

WyNG Talk - Up the Garden Path by Anne Edwards
7.30pm, Town Green Centre. Entry £2
www.facebook.com/WymondhamNatureGroup

Quiz Night
8.30pm, The Green Dragon
www.greendragonnorfolk.co.uk

Friday 15th November

Pabulum Café
10am, Fairland United Reformed Church
www.wymondham-dementia-support-group.org.uk

Meeting Point
10.30am, Catholic Church
www.hopecommunitychurch.co.uk

Rum 'n' Gin Club with live music
7pm, music from 9pm, The Green Dragon
www.greendragonnorfolk.co.uk

Saturday 16th November

Light Up Wymondham - Volunteer Day for hanging Christmas Lights
9am to 5pm, Baptist Church
www.facebook.com/events/400566220845758

Winter Coffee Morning
10am to 1pm, Star Throwers. Tickets £2
www.starthrowers.org.uk

Red Leaf - live music
9pm, The Cross Keys
www.redleaftheband.com

Sunday 17th November

Quiz Night
7pm, Wymondham Town Football Club, King's Head Meadow
www.wymondhamtownnfc.co.uk

Monday 18th November

Hoppers
10am to 11.30am. Baby Hoppers 1pm, The Hub, Ayton Road
www.hubproject.org.uk

Pabulum Quiet Café
10am, Fairland United Reformed Church
www.wymondham-dementia-support-group.org.uk

Ignite Youth Night
7pm to 9pm, The Hub, Ayton Road
www.hubproject.org.uk

Annual General Meeting - Wymondham Branch of The Royal British Legion
7.30pm, The Regal Lounge, Ex Services Social Club
<http://branches.britishlegion.org.uk/branches/wymondham>

Tuesday 19th November

Bounce and Rhyme
10am to 11am, Wymondham Library
www.facebook.com/wymondhamlibrary

Hoppers
10am to 11.30am, The Hub, Ayton Road
www.hubproject.org.uk

North Wymondham Community Kitchen
11am to 2pm, Church of Our Lady and St Thomas of Canterbury, Norwich Road
finance@wymondhamrcchurch.org.uk

Pabulum Café Picture Palace
1.30pm for 2pm, Fairland United Reformed Church
www.wymondham-dementia-support-group.org.uk

The Space
2.15pm to 4.30pm, The Hub, Ayton Road
www.hubproject.org.uk

Wymondham Ukulele Group
7pm to 9pm, The Green Dragon
www.wymondhamukulelegroup.com

Quiz Night
8.30pm, The Railway Tavern
www.therailwaypub.com

Wednesday 20th November

Hoppers
10am to 11.30am, The Hub, Ayton Road
www.hubproject.org.uk

Read Aloud Group - with community read *We Must Be Brave*
10am to 11am, Wymondham Library
www.facebook.com/wymondhamlibrary

Green Dragon Runners Club
7pm, from The Green Dragon
www.greendragonnorfolk.co.uk

VivaVoices Choir Rehearsal
7.30pm to 9pm, Fairland United Reformed Church
www.vivavoices.com

Ladies in Lavender by Wymondham Players
7.45pm curtains up. Central Hall
www.wymondhamplayers.org.uk

Thursday 21st November

Book Group
12noon, Kett's Books
www.kettsbooks.co.uk

Hopeful Craft Group
1pm to 3pm, The Hub, Ayton Road
www.hubproject.org.uk

Knit and Natter
5pm to 7pm, Wymondham Library
www.facebook.com/wymondhamlibrary

Alpha
7.15pm to 9pm, The Hub, Ayton Road
www.hopecommunitychurch.co.uk

Crib Night
7.30pm, Wymondham Town Football Club, King's Head Meadow
www.wymondhamtownnfc.co.uk

Ladies in Lavender by Wymondham Players
7.45pm curtains up. Central Hall
www.wymondhamplayers.org.uk

Quiz Night
8.30pm, The Green Dragon
www.greendragonnorfolk.co.uk

Friday 22nd November

Pabulum Café
10am, Fairland United Reformed Church
www.wymondham-dementia-support-group.org.uk

Meeting Point
10.30am, Catholic Church
www.hopecommunitychurch.co.uk

Craft Session
3.30pm to 4.30pm, Wymondham Library. Suitable for ages 5+. Free, no book necessary
www.facebook.com/wymondhamlibrary

Ladies in Lavender by Wymondham Players
7.45pm curtains up. Central Hall
www.wymondhamplayers.org.uk

Saturday 23rd November

Dried Fruit Heart
2pm to 3pm, Ragged Robin Florist, 38 Barnham Broom Road. Tickets £25
<https://raggedrobinflorist.co.uk>

Ladies in Lavender by Wymondham Players
2pm curtains up. Central Hall
www.wymondhamplayers.org.uk

Sunday 24th November

EAMA 10k Race
10am, from Lady's Lane
www.south-norfolk.gov.uk/eama-10k

Wymondham Baptist Church 'Cafe Style' Service - You To Me Are Everything
10.30am to 11am coffee, 11am discussion groups, Wymondham Baptist Church
www.wymondhambaptist.org

Darts Superleague
6pm, Wymondham Town Football Club, King's Head Meadow
www.wymondhamtownnfc.co.uk

Monday 25th November

Hoppers
10am to 11.30am. Baby Hoppers 1pm, The Hub, Ayton Road
www.hubproject.org.uk

Pabulum Quiet Café
10am, Fairland United Reformed Church
www.wymondham-dementia-support-group.org.uk

Ignite Youth Night
7pm to 9pm, The Hub, Ayton Road
www.hubproject.org.uk

Tuesday 26th November

Bounce and Rhyme
10am to 11am, Wymondham Library
www.facebook.com/wymondhamlibrary

Hoppers
10am to 11.30am, The Hub, Ayton Road
www.hubproject.org.uk

North Wymondham Community Kitchen
11am to 2pm, Church of Our Lady and St Thomas of Canterbury, Norwich Road
finance@wymondhamrcchurch.org.uk

The Space
2.15pm to 4.30pm, The Hub, Ayton Road
www.hubproject.org.uk

Games Night
7pm, The Green Dragon
www.greendragonnorfolk.co.uk

Quiz Night
8.30pm, The Railway Tavern
www.therailwaypub.com

Wednesday 27th November

Hoppers
10am to 11.30am, The Hub, Ayton Road
www.hubproject.org.uk

Read Aloud Group - with community read *We Must Be Brave*
10am to 11am, Wymondham Library
www.facebook.com/wymondhamlibrary

Little Visitors with Friend In Deed
10.30am to 12noon, Wymondham Day Centre, Town Green
www.facebook.com/events/981847098834411

Green Dragon Runners Club
7pm, from The Green Dragon
www.greendragonnorfolk.co.uk

VivaVoices Choir Christmas Concert
8pm to 9pm, Fairland United Reformed Church
www.vivavoices.com

Thursday 28th November

4Networking Wymondham Breakfast Business Meeting
8am, Wymondham Rugby Club
www.4networking.biz/groups/group-details/?groupid=1133

Stop Motion Club (animated film making techniques)
10am to 11am, Wymondham Library.
Suitable for ages 6+. Booking essential
www.facebook.com/wymondhamlibrary

Cup Of Caring
10.30am to 12noon, The Hub, Ayton Road
www.hubproject.org.uk

Hopeful Craft Group
1pm to 3pm, The Hub, Ayton Road
www.hubproject.org.uk

Knit and Natter
5pm to 7pm, Wymondham Library
www.facebook.com/wymondhamlibrary

Fall Into Winter Arrangement
6pm to 8pm, Ragged Robin Florist, 38 Barnham Broom Road. Tickets £35
<https://raggedrobinflorist.co.uk>

Alpha
7.15pm to 9pm, The Hub, Ayton Road
www.hopecommunitychurch.co.uk

Crib Night
7.30pm, Wymondham Town Football Club, King's Head Meadow
www.wymondhamtownfc.co.uk

Wymondham Heritage Society AGM
7.30pm, Fairland Hall. Non-members (£2) welcome
www.wymondhamheritagemuseum.co.uk

Wymondham Ukulele Group
7.30pm, The Feathers
www.wymondhamukulelegroup.com

Quiz Night
8.30pm, The Green Dragon
www.greendragonnorfolk.co.uk

Friday 29th November

Pabulum Café
10am, Fairland United Reformed Church
www.wymondham-dementia-support-group.org.uk

Meeting Point
10.30am, Catholic Church
www.hopecommunitychurch.co.uk

Saturday 30th November

Money Matter Seminar
10.15am to 2.30pm, Wymondham Abbey. Booking advised
01953 60608

Dried Fruit Heart
2pm to 3pm, Ragged Robin Florist, 38 Barnham Broom Road. Tickets £25
<https://raggedrobinflorist.co.uk>

Quiz 'n' Chips Night
7pm for 7.30pm, Wymondham Rugby Club, Barnards Fields. Tickets £20 per team of six
www.wymondhamrhc.com

Wymondham Choral Society Concert
7.30pm, St Mary's church, Attleborough. Tickets £12 in advance, £15 on the door, under 16s free
www.wymondhamchoralsociety.org.uk

Odd Man Out - live music
9pm, The Cross Keys
www.facebook.com/pg/keyswymondham

RADIO WYMONDHAM WEEKLY PROGRAMMES

www.radiowymondham.com

Monday

- 7.30am to 9.30am: The Brekkie Show
- 12noon to 2pm: Cabbie Tracks
- 7pm to 9pm: The Sophie Sessions

Tuesday

- 7.30am to 9.30am: The Brekkie Show
- 9.30am to 12noon: 'Backstreets' - The Best of Soul
- 3pm to 4pm: Local & Unsigned / Ska & Reggae
- 5pm to 6pm: Sounds Easy
- 6pm to 7pm: Best of the 60's with Jimi Wei Tang
- 7pm to 9pm: The Andy Hours

Wednesday

- 7.30am to 9.30am: The Brekkie Show
- 7pm to 9pm: It Takes Two
- 9pm to 10pm: The Unreliable Narrator

Thursday

- 7.30am to 9.30am: The Brekkie Show
- 1pm to 3pm: Running on MT
- 7pm to 9pm: Blowin' in the Wymondham

Friday

- 7.30am to 9.30am: The Brekkie Show
- 12noon to 2pm: Mindfully Mellow
- 6pm to 8pm: Cabbie Tracks
- 8pm to 10pm: Warehouse Culture

Saturday

- 10am to 12noon: That Saturday Night Show
- 3pm to 4pm: Local & Unsigned / Ska & Reggae
- 8pm to 10pm: That Saturday Night Show

Sunday

- 11am to 12noon: Sounds Easy
- 1pm to 4pm: Eurovision International
- 9pm to 10pm: The Unreliable Narrator



FESTIVE FARE & Christmas crafts

It seems to get earlier every year, but Christmas is not far around the corner. With two months to go at the time of writing until the big day itself, November is the season when shopping steps up a gear. It can be a daunting time to hit the high street – with the big name stores full of people trooping from shop to shop trying to find presents for everyone on their list. So why not set yourself a new challenge – skip the big brands and look for unique gifts from crafters closer to home.

Not only will this save you time and hassle on the high street, but you will be supporting local businesses and perhaps also helping to save the planet! Crafters often use recycled, natural or local products to create their wares – and of course, these items will not have been flown half the way around the world to get here!

Wymondham benefits from an abundance of creative local talent. Many of whom have websites, Facebook pages or a presence on sites such as Etsy where you can make purchases online. However, one of the best ways to browse is at a Christmas craft fair, with local producers all under one roof.

Wymondham Abbey Christmas Craft Fair

On Saturday 2nd November from 11am to 3pm, Wymondham Abbey will host its annual Christmas Craft Fair, perfect for treating yourself or someone special while supporting independent businesses, all within a beautiful setting. The event will feature over 70 inside and outside stands – a wonderful selection of Norfolk crafters, makers, artists and producers.

There will be tweed scarves, neck wraps, upcycled hats, wrists warmers, purses and bags from The Norfolk Farmers Wife, handmade children's clothing, hats, bunting and peg bags from Lily Crafts and beautiful jewellery from makers Hagan & Hagan, Adrienne Smith and Belinda Ashton. Animal lovers will adore Bunwell-based Katherine Womack's stunning handmade metal hares, pheasants and squirrels,

or the charming felt characters made by Norfolk Originals. Stock up your Christmas cupboard with jams, relishes and chutneys from The Tea Lady, and decorate your home with Heavenly & Earth soya wax candles. Birch Lea Soaperies will be on hand with their rustic, handmade soaps, whilst Nudge Boutique will feature skincare products using award-winning Norfolk saffron. Artists include Ian Lane with his hand-designed lino prints and Rachel Collier-Wilson's quirky animal inspired drawings.

Newly-formed Wymondham Alpacas – who are based at Centre Paws – will also be there to promote their alpaca experiences. >

Home Flower Garden

'Grow Your Own Cut Flowers' workshops.
1:1 tuition or small groups. Gift vouchers available.
Handmade, real pressed flower pictures, cards, candles & jewellery, dried flower wreaths.

/HomeFlowersNorfolk /homeflowergarden
www.homeflowergarden.co.uk
E:jane@homeflowergarden.co.uk T: 07979 808078

Wymondham College PSA Winter Fayre

The ninth annual Wymondham College Parent Staff Association Winter Fayre takes place on **Saturday 9th November** from 10am to 2pm in the College Sport Hall. The event is a firm favourite in the calendar, with hundreds of people visiting to browse a selection of Norfolk producers including some of the county's finest award-winning artists, crafters, designers and artisans, as well as activities for children.



Over 50 stalls will showcase unique gifts you won't find on the high street, with something to suit every pocket, and there's even a pop-up café for refreshments once you've finished shopping. Stalls include David Medding DeSign with beautiful signs made in copper and wood; Little Mabel freehand machine embroidery incorporating hand sourced Liberty prints and vintage and recycled fabrics; and OakVilla craft gin. To find out more about the event, visit www.facebook.com/events/871893289861145

Wymondham Country Market

Wymondham Country Market takes place on Friday mornings at the Ex Services Club on Friarscroft Lane. Open from 8.30am to 11.30am, the craft producers on display can vary week to week, so it's worth paying more than one visit this festive shopping season. Everything is hand crafted, so you won't find two items the same, with producers happy to take orders if you want something personalised.

The market also has now got a card reader to hand, meaning you can pay by card.

Santa Paws Christmas Fayre

Pets are important too, and on **Saturday 14th December**, Centre Paws is holding a Christmas Fayre perfect for picking up some last minute Christmas gifts, decorations or a treat for you or your doggie. There will also be a nativity scene for pooches to dress up for some festive photos!

A literary way to do your Christmas shopping

If you are interested in giving a signed hardback as a gift this Christmas, on **Saturday 9th November** at 7pm Kett's Books is offering a Literary Evening in historic Becket's Chapel. Three authors will feature, and the £20 ticket entry entitles you to a glass of wine, attendance at the event, and a hardback copy of one of the books. Spaces are strictly limited.

The authors featured will be Frances Liardet, author of *We Must Be Brave*; Edward Parnell, author of *Ghostland: In Search of a Haunted Country*; and Elizabeth Buchan, author of *The Museum of Broken Promises*.

Shopping local

Of course, Wymondham town centre is also a great place for shopping, including Norfolk stalwart Jarrold, great for homewares; Reno Wine and neighbour Reno Whole Foods, ideal for special treats and artisan products; The Marmalade Tree, perfect for interesting trinkets; George Reeve for your Christmas cards, wrapping and stationery; and clothes shops Wardrobes, The Little Boutique and Middletons for beautiful wearables.

Or why not try one of the charity shops to see if you can find treasure among the troves? There are a number of shops to choose from, and you'll get that extra warm feeling by contributing to charity at a busy time of year!



Try your hand at crafting

Christmas is a great time for crafting and encouraging family and friends to do likewise, and several venues in Wymondham offer festive courses, including wreath workshops at Ragged Robin Florists, decoupage reindeer decorating at stART Studio, and Christmas stocking making at Centre Paws.

Learning new skills can be done year-round however, and vouchers for craft experiences can make a great gift for the person who has everything.

Jane Miles runs 'Grow Your Own Cut Flowers' workshops from her family garden in Wymondham, showing that you don't have to have a big space to create a cutting garden. "I also use my cut flowers to create real pressed flower pictures, cards, jewellery, candles and dried flower wreaths which are available in my Etsy shop or by contacting me via my website for local pick-up," says Jane.

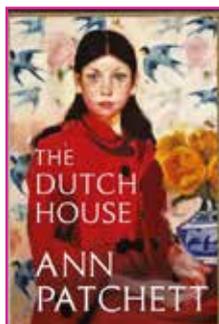
"I provide gift vouchers for attending my cut flower workshops which make an ideal gift experience and my pressed flower items make a different and custom-made present for anyone with a love of flowers.

"Thoughtful, eco-friendly gifts with a touch of the handmade are very on-trend this Christmas. Macrame and houseplants are also incredibly popular and I hope to craft some macrame flower vase holders to add to my range."

CHRISTMAS READS FOR ALL THE FAMILY

The team at Kett's Books highlight some recommended reads for Christmas

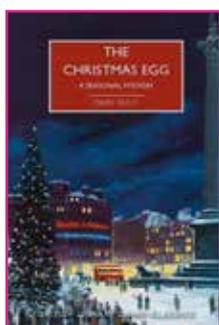
Giving a book is giving an opportunity to discover something your friends and family never even knew they wanted. Here are some of the favourite picks for Christmas gifts from Kett's Books, Wymondham's independent community bookshop run by volunteers.



For the literary reader. We're recommending Ann Patchett's *The Dutch House*. A novel about the indelible bond between two siblings, the house of their childhood, and a past that won't let them go, this has been a national bestseller for weeks. **352pp, HB, £18.99**



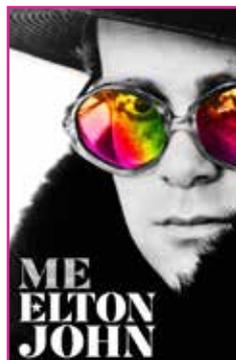
For those who like suspense. *Elevator Pitch* by Linwood Barclay tells of the terror that unfolds across New York City as its skyscrapers' lifts are being sabotaged – so they fall to the bottom of the shaft. Stephen King says: 'You should read *Elevator Pitch* as soon as possible. It's one hell of a suspense novel.' **400pp, HB, £20.00**



For the nostalgic reader. *The Christmas Egg: A Seasonal Mystery* by Mary Kelly has everything to satisfy your reader who longs for yesterday: a murdered Russian princess, a gramophone, and jewels – all part of a pre-1945 Christmas mystery from British Library Crime Classics. **288pp, PB, £8.99**



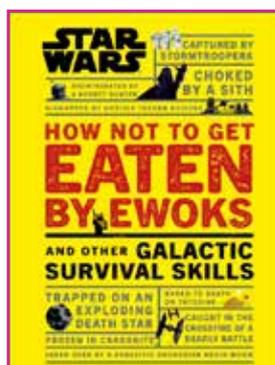
For the thinker who's short on time. *A Velocity of Being: Letters to a Young Reader*. This is the book Tracy wants for Christmas! Edited by Maria Popova, this highly-illustrated, thought-provoking, inspiring treat is a must-see collection of brief letters from 20th century influencers to explain to children about why we read. **280pp, HB, £21.99**



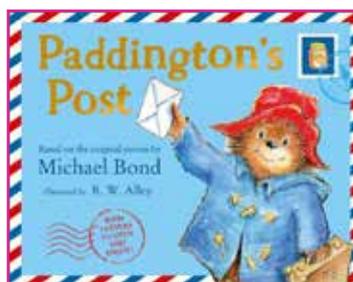
For the music fan with an ear for gossip, *Me: Elton John Official Autobiography* will be their best bet. Candid, self-deprecating and funny, this is the first and only official autobiography of the living legend Elton John. **384pp, HB, £25.00**



For the kid who reads fast. We're suggesting David Baddiel's *Blockbuster Baddiel Box*. The set includes four hilarious middle-grade novels: *The Person Controller*, *The Parent Agency*, *AniMalcolm*, and *Birthday Boy*. Proceeds will go to help us reach other readers. **£20 for the set of four books.**



For those who want to be prepared. We offer *Star Wars: How Not to Get Eaten by Ewoks and Other Galactic Survival Skills* by Christian Blauvelt. This is a how-to-guide they're definitely going to pick up some new skills from author Christian Blauvelt. **128pp, HB, £9.99**



stickers in the shop, too! **48pp, HB, £12.99**

For the young. We can't wait to play with this ourselves: *Paddington's Post* contains six real letters to open, based on Paddington's original adventures. And we'll have a Paddington post box, postcards and

Kett's Books in Whartons Court is open Monday to Saturday from 9.30am to 5pm. We can order almost any book in print, usually for next-day delivery. Contact us on 01953 603663 or email hello@kettbooks.co.uk



START STUDIO

Creativity in a community setting



A recent arrival to Wymondham town centre, stART studio is a family business passionate about promoting creativity. *Wymondham Magazine* meets founder Sarah Campbell to learn more about this creative community space...

stART studio has been running since 2018 and began as a mobile art studio delivering art classes to the whole community around Wymondham. I had the idea of running an art studio for the community when studying Fine Art at Loughborough University School of Art and Design. The art school was situated in a beautiful derelict factory with high ceilings, lots of light and it was wonderfully calming. Art had such a positive effect on myself and my peers that I wanted to create a similar space where all ages and abilities could switch off, clear their minds and zone out from the day to day.

Since then, I moved to Norwich and became a teacher in Sprowston for 14 years, leading the arts in primary schools and using the arts to encourage community cohesion. With the dream to make art accessible for all, I started running art classes in various hired spaces, schools, sheltered housing and even had the opportunity to get creative at the Castle Mall in Norwich and the Royal Norfolk Show this year.

When I discovered 16 Market Place I knew the time was right. My passion is ensuring art is accessible and affordable, so you can try something new and not have to buy all new equipment or resources. The fact the building is so central to Wymondham and in such a beautiful, light yet quirky building

enabled me to carry out my dream.

People can drop in or sign up and pay on the day rather than feeling tied to a long expensive course. It's a space for people to meet others, learn new skills, share them with others or just have a go with no judgement. I always tell my customers, all I hope is that they have enjoyed themselves and feel relaxed. All resources are included in the classes and I currently have many babies, parents, children and adults enjoying our classes. I have also loved hosting children's and adults birthday parties, gatherings and baby showers at the studio. I love seeing people enjoying the space.

This November we have many new classes for you to enjoy. From beginners lino printing, acrylics, learn to draw, watercolour, hand build clay, for adults; dough disco, baby sensory play and mini artist sessions for pre school children; Youth Art, Kids Pottery Club and homework help classes for children after school and Art and Clay Nights, life drawing and workshops and evening sessions too. Our Open studio sessions are for everyone to come and enjoy pottery painting, decoupage and canvas painting in a friendly studio. Both rooms have many power sockets ideal for laptops, we have free wifi and a self

serve area for refreshments too. Rather than putting the heating on or sitting alone people come along to the studio to work.

I try to ensure stART studio has something for everyone and December is filling up with lovely special festive events with many linked to other businesses in the local community such as Wreath Making with the Enchanted Willow, Workshops with local artists such as Amelia Bowman and Caroline Hyde-Brown, decoupage reindeer decorating, babies first bauble hand prints and gin tasting experience with Van Vino. We also have special activities on during Lemon Day and Wynterfest. The space can also be hired for groups, artists, parties, baby showers, Christmas staff outings and hen parties. The Mad Hatters Tea Shop have kindly joined forces with me to provide afternoon teas for toddlers, children and adults and festive versions at Christmas.

So far the support from visitors has been amazing and it has been brilliant seeing people who thought they couldn't or who haven't painted since school achieve pieces they are proud of. All the art displayed in the studio is from students of all ages. Come in, take a look, have a go and see how you can release your inner artist!



An update from



Star Throwers
Holistic Cancer Support Charity

By Victoria Pigg, www.starthrowers.org.uk

Thank you to everyone that came along to our 'Star Throwers – Walk, Run or Climb' event on Sunday 29th September at Old Buckenham Country Park. Despite a few downpours we had a good turn-out of nearly 100 participants and supporters, and so far we have raised over £1,600! A big thank you to our sponsors Kerry Foods Ltd and Jark (UK) Ltd for supporting this event.

Are you starting to think about Christmas already? We have our annual 'Winter Coffee Morning' taking place on **Saturday 16th November** – come along for some tasty treats, a spot of shopping from local stalls and light entertainment!

This year we have two new events on **Saturday 14th December**. 'Wreath Making Workshop and Tropic Pamper', £30 per person, enables you to come and make a homemade wreath with locally sourced materials followed by trying some of the popular Tropics products (a light lunch and refreshments are included in the price). We also have a morning of 'Christmas Cracker Making', £5 per person, making your own plastic-free crackers.

Our next Open Day takes place on **Monday 28th October** from 10am to 4pm. This is a great chance to come and see how we support local people affected by cancer. Meet our Nurse and chat to staff and volunteers about how we can support you or a loved one living with cancer. Call 01953 423304 to find out more.

To find out more about how Star Throwers supports people affected by cancer visit www.starthrowers.org.uk or call 01953 423304.

BOOK REVIEW

Pride and Prejudice and Zombies
By Seth Grahame-Smith



This book is appropriate if you have always struggled to read *Pride and Prejudice* and fancy a more entertaining version, and is also appropriate if you love *Pride and Prejudice* and fancy a very bizarre twist on the story!

Needless to say, this is a very, very odd book. I shall not be joining the group of absolutist Jane Austen fans with their hearts set on 'setting fire to Seth

Grahame-Smith's front lawn' - to quote from a very amusing review - because, despite being a devout lover of the original *Pride and Prejudice*, I found this both enjoyable and surprisingly creative. I have always been a great advocate of taking two very different stories and mashing them together. (The widely disparaged *Tom and Jerry* and the *Wizard of Oz* remains one of my favourite childhood films to this day!)

It's such an interesting experiment to take a well-known story, such as one by Jane Austen, and integrate something new into it, though the choice of zombies was probably the most far-fetched thing the creators could have decided on. My only query to offer is that as the book goes on, fewer and fewer zombie integrations are written in; by the end, I simply felt that I was reading the normal *Pride and Prejudice* with a few printing errors. This could therefore be read either from start to finish, or simply as a Sunday afternoon treat, reading a chapter here and there, as one would a short story collection!

Nevertheless, surreal literature such as this is often inspired by real-life politics. Jane Austen lived through the American Revolution, the storming of the Bastille, the French Revolution, the Reign of Terror, and the Napoleonic Wars. This is why gothic literature was so popular in her day; it represented all the cruelty and power-influenced injustice of the real world, making it more approachable by embroiling it in fantasy.

Likewise, Elizabeth Bennet's world was threatened not only by villains like Wickham or Catherine de Bourgh, but also by terrifying and rather destructive social and political forces. Perhaps it's a good thing that this is now represented by the metaphor of zombies!



From my perspective

By Councillor Suzanne Nuri-Nixon

Connection and communication

There can be no doubt that a young teenager from Sweden has managed to activate millions of people around the world when it comes to the climate change discussion. Greta Thunberg tells us our house is on fire and the tragic scenes from the Amazon rain forest in Brazil literally bears witness to this.



Living in a small town in Norfolk I'm sure many of us wonder what we as individuals can do. We are much more aware of single plastic use for example and we can make changes there. Not using plastic bags at the local supermarket helps. But we can feel our contribution is not very significant when it comes to making the kind of changes we need to make a difference to climate change.

However any kind of action is better than none. After all activism doesn't require a small number to make major changes but all of us to make small changes.

With this in mind, the recent motion brought to the Town Council meeting at the beginning of last month by Greening Wymondham appeared to be a great idea. It called on the Council to recognise there is an ecological emergency, form a climate change group to prepare a strategy and create an action plan within six months.

What I thought would be a unanimous decision by councillors to adopt such bold measures instead turned into a heated debate with one councillor suggesting that climate change scientists can't even agree if there is an emergency and another councillor defending the District Council's poor record on recycling (and principally food waste management).

We may very well be a small town in Norfolk but this shouldn't stop us from aiming high and being bold in our ambitions. We have no time to keep delaying action, however small. To say we'll wait for District Council to

take action and then pass that to us is unacceptable, it is us who should be constantly pushing for change at District level.

Meanwhile, Cllr James, Cllr Hubble and myself attended a meeting of the Norfolk Associations for Local Councils and heard from Professor Tim O'Riordan who in 1975 wrote about climate change. He was horrified to hear of our Council's response to the Greening Wymondham motion.

I keep underlining the need for all local councillors to actively take part in their duties and not merely be a 'bum on a seat'. Your elected representative should be taking the initiative to address climate change, however local an action it may be. If they are not, ask them why not.

Our house is on fire. But it's OK, apparently we can wait for District to come up with a plan instead.

Star Throwers
Holistic Cancer Support Charity

Winter Coffee Morning
Saturday 16th November
10.00am - 1.00pm

Join us for a morning of tea, cake and Christmas shopping at the Star Throwers Centre on Melton Road, Wymondham. Lots of stalls selling local crafts, handmade candles, jewellery & Christmas gifts.

£2 per person (includes drink & cake)
All welcome.

Cake Refreshments Raffle Tombola Stalls

Call 01953 423304 | www.starthrowers.org.uk
Registered Charity No: 1162237

FOCUS ON *Food waste*

By Nicola Maunders

Last month we talked about the problems with food waste environmentally, financially and morally. This month we talk about how you can do your bit to reduce it.

What are the Five Food Savvy steps to reduce food waste?

- Planning
- Know your dates
- Savvy storage
- Perfect portions
- Lovely leftovers

How will planning benefit me?

Planning will help you to reduce the amount of food thrown away as you will only buy what you need. It will also save you money as you spend less on impulse buys and take-aways. It will help you to use up leftovers and what is in your freezer. You will have reduced stress and more time as you will know what you are having for dinner and won't have to worry about what to cook every night.

Meal planning can help you to ensure you enjoy a varied and well-balanced diet. Getting others involved, particularly fussy eaters, can make it more likely that they will eat what's prepared and can be fun!

How do I get started on planning?

Make a list of the meals you are going to have for the next few days or weeks. Check store cupboards, fridge and freezer and try to use up what is in there first. Take a list of what you need with you when you go shopping. You could use your phone to take a 'shelfie selfie' of what's in the food cupboards and fridge so you don't buy something you already have.

I have a family and they all have different activities. How do I plan meals around this?

Plan your meals around you and your family's schedule including any activities you have that week. Make quick and easy meals on busy days.



To save time, cook a double-sized meal and freeze half for another day. This can be useful if you buy products on promotion. Be flexible with your plan if unexpected events crop up. Place your menu in an obvious place so everyone knows what's for dinner.

I find menu-planning a bit boring. What can I do?

Spend some time doing a four-week meal plan and then you can rotate it rather than do it all again. It will appear fresh next time around.

I already plan my meals but often cook too much and then throw it away. What can I do?

If you don't eat all the food you have bought, prepared or cooked, see if it can be frozen. Many things can be, including bananas which can be eaten frozen like ice cream.

What if I don't have time to plan?

Planning ahead save time in the long-run. Try using a menu plan for a few days and you will see it saves you time, energy and money.

Is planning only for those who know how to cook?

It's for everybody, whatever your lifestyle. Plan how many meals you need to buy and you won't waste money on excess food that gets thrown away and wastes your money.

W.U.G NEWS UPDATE

By Roy Heatley, Wymondham Ukelele Group

By the time that the next issue of this magazine is published, it will be November and I expect the Christmas season will be in full swing. However I wouldn't say that I have been waiting with bated breath for the first Christmas advert to appear on TV, but whilst the handy remote control deadens the volume, the pictures remain and now almost exactly in the middle of October, there it was - a seasonal promotion for a well known American theme park. The start of the Christmas 2019 season is now official!

Which leads me towards the topic of Christmas lists and what can be bought for that awkward person in your life who seems to have everything. Well, the Wymondham Ukelele Group may well have the answer for you, because we believe no life can be perfect without a ukulele - plus there is a group of lovely local people who will welcome you twice a month to play along in their group and strut your stuff playing and singing some well known songs.

Whatever your budget, a ukulele can be found to suit your pocket and if you have a generous budget then there are many extras available to add to the present list, like folders for your music or if you want to be really posh a tablet such as an iPad to save lugging around copious sheets of manuscript. Then there are music stands,



gig bags - the list goes on. Also part of your present can be payment towards a series of lessons with an excellent local teacher to build up confidence of playing with the group. If this makes you feel all at sea with the sheer amount of it all, then contact us via our website wymondhamukulelegroup.com with some contact details and we'll be pleased to help.

The main thing to remember is that, as with most things in life, you can spend as much or as little as your budget allows. It's probably best to start small and then expand into greater things once the bug has bitten - and if our vibrant membership of over 50 members is anything to go by, it surely will.

So now the news from WUG - gig-wise we took August off but we are now sprinting towards the Christmas season with a heavy programme of engagements and by the end of the year we will have performed no fewer than 26 gigs. As a bonus to performing all over the county, we shall also collect over £500 for our 2019 charity Nelson's Journey. Alternate Tuesday evening club fun nights at The Green Dragon continue with a swing and on every other Thursday we pay attention to the finer specifics and practice songs in detail. All club details are on our website.

The image shows the cover of Wymondham Magazine. The background is a detailed map of Wymondham, with the town's name 'WYMONDHAM' written in large, white, serif capital letters across the top. Below the town name, the word 'magazine' is written in a smaller, white, lowercase serif font. At the bottom of the cover, there is a pink banner with white text. The text on the banner reads: 'Next issue: Out 29th November (digital only). Copy deadline: 22nd November'. The map itself is a historical-style map with various streets and buildings labeled.

Subscribe to the monthly digital magazine for free online at www.wymondham-mag.co.uk

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Wreath Making Workshop & Tropic Pamper Session

**Saturday 14th December
at the Star Throwers Centre
£30 per person**

Join us for a festive day of wreath making and pampering - all materials included as well as a light lunch and refreshments.

Participants are free to bring their own gardening gloves & scissors/secateurs. All materials are natural & participants can bring any personal extras.

All profits will be donated to Star Throwers - Holistic Cancer Support Charity and will go towards supporting local people affected by cancer.

Session One:

10am - 12pm - Wreath Making Workshop

12.30 - 2.30pm - Tropic Pamper Session

Session Two:

10am - 12pm - Tropic Pamper Session

12.30 - 2.30pm - Wreath Making Workshop

To book: call 01953 423304 or
email victoria@starthrowers.org.uk

www.starthrowers.org.uk

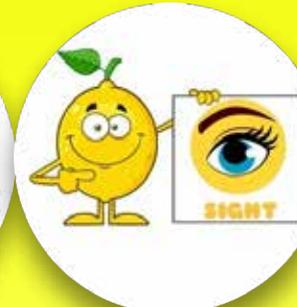
In aid of

 **Star Throwers**
-Holistic Cancer Support Charity



WYMONDHAM LEMON DAY

**Saturday 2nd Nov 2019
Town Centre from 10am**



Reflecting The Fives Senses of Lemon

Bringing the community together under the common theme of Lemon (colour, flavour or fruit)

10.00am – 2.00pm

Central Hall, Back Lane – Children's author event. Storytelling and readings. Plus interactive Art and Crafts for children
(Supported by Orchard Toys)

Wymondham Baptist Church, Queen Street – Roots Cafe offering Coffee, Cake and convivial chat.

Also, Lemonade Making by local Guides.

The White Hart, Market Street – "Wellbeing at Hart". Meet Wellbeing professionals. Staged in association with The Norfolk Wellbeing Network www.thenorfolkwellbeingnetwork.co.uk

From 10.00am

The Original Factory Shop, Ayton Road – The Five Senses Raffle. In aid of Make-a-Wish Foundation. Registered Charity No. 295672

Wymondham Rugby Club, Barnard Fields, Bray Drive – Cadets and Scouts Archery Challenge. Hosted by Wymondham Archery Group

ROCK CHOIR

12 noon Market Place – The Rock Choir

stART - Studio, 16 Market Place:
Children's Art Activities
Decorated Shop Windows



Other Events:

Wymondham Abbey 11.00am – 3.00pm
Christmas Gifts and Craft Fair

Wymondham Art Centre, Church Street: 10.00am – 5.00pm.
Art and Crafts Exhibition and Sales

Green Dragon, Church Street: From 12 noon
10th Anniversary celebrations of the Green Dragon

For updated information see the Wymondham Town Team Facebook page

Tony Vale, Lemon Day Co-ordinator.
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